



# CAROLINE CHISHOLM COLLEGE NEWSLETTER

Term 3 Week 6 Issue 13 2015



**Faith Courage Tolerance**

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## FROM THE PRINCIPAL

Dear Parents, Friends, Staff and Students of Caroline Chisholm College,

This week brings to completion the process of selecting the school leaders for 2016. I don't believe that our process is unique – Year 11 students discuss the qualities of a good leader for a Catholic school, they reflect on who in their year has already demonstrated some of those qualities, they are also asked to consider who has the potential to be a leader – perhaps they have never held a “badged” position within the school and yet they have great leadership qualities.

The girls then nominate who they think will be a good leader. Staff are also given an opportunity to nominate and or comment on a student's suitability. Our Assistant Principal, our Year 11 coordinator and I look at the nominations and draw up a list of students who will be given the opportunity to apply for a position. The girls then present their credentials in writing and prepare a scenario for the interview.

From that process decisions are made as to who will be our new leaders and more importantly what “portfolio” or role will they be given.

This year we have introduced a new leadership committee: **Leaders of Student Learning** with their goal being to promote all of the learning that happens at the school both inside and out of the class. It is an essential committee if we are going to foster a culture where girls value their learning and are proud of the efforts they make to improve.

I write about student leadership not only because I wish to announce the leaders for 2016, but because I was reflecting on how accomplished our young people are, how skilled they are and how confident they are.

In their letters of application, they wrote clearly and succinctly - we gave them a one page limit. They were able to get their point across and articulate all that they had already achieved within the College and all that they believed they could still contribute. In the interview phase they were confident (for the most part – only a few nerves showed through) and presented their understanding of the scenario and some solutions in a very professional manner.

Now that they have mastered that hurdle, we look forward to working with the team next Friday at the Student Leaders' Training Day.

Thus it gives me great pleasure to introduce the Student Leadership team for 2016 to the wider college community. I know that you will join with me in supporting these young women in the year ahead.

## Year 12 2016

Chantelle Al-khouri  
Angela Sciacchitano  
Kathleen Sta Ana  
Shania Coutinho  
Reena Mukherjee  
Mary Pulikkal  
Mireille Tamer  
Julia Facciol  
Ashleigh Hermann

College Captain  
College Vice-captain  
College Vice-captain  
Liturgy  
Liturgy  
Social Justice  
Social Justice  
Student Learning  
Student Learning

Elizabeth Bakous  
Tara Bennett  
Isabella Bird  
Emily Alexander  
Atheen Mapooth  
Shaniah Ellul  
Ciara Cullen  
Sarina Attard

Student Wellbeing  
Student Wellbeing  
Gilmore  
Jackson  
Kenny  
Macarthur  
MacKillop  
Wright

**Year 8 2016**

Keisha Chilmaid  
Emma Cutts  
Alanah Eisenhuth  
Libby O'Kello

**Year 9 2016**

Chloe Cunningham  
Jade Parkes  
Carla Penza  
Breah Sands

**Year 10 2016**

Courtney Aiken  
Ashlin Biju  
Leslie Buadromo  
Cheyne Easthorpe  
Danielle Snyder  
Jessica Williams

**Year 11 2016**

Hannah Azzopardi  
Elizabeth Azzopardi  
Kiani Denoord  
Emma Dimech  
Ella Drinkwalter  
Madison Ellul  
Madeline Haydon  
Sian Johnson  
Claire Roberson  
Danielle Todd

**Mrs Mary Leask**  
**Principal**



**FROM THE ASSISTANT PRINCIPAL**

**Doing the Right Thing**

Congratulations to **Emma Cooney** (7 Gilmore), **Chloe Phillips** (7 Jackson), **Brielle Parkinson** (8 Wright) and **Naveena Stephen** (9 Jackson). They have been selected to receive a \$5 canteen voucher for college service.

**Appreciation of Honesty**

Students at Caroline Chisholm College regularly display outstanding honesty in returning items they find on the college grounds. Often these can be of quite substantial value. Students handing in found items receive a certificate of appreciation. I would like to congratulate the following students who have handing items in over the last fortnight: **Gemma Parkes** (7 Kenny), **Breah Sands** (8 MacKillop), **Maria Alcantara** (10 Macarthur), **Bianca Kraljevic** (12 Gilmore) and **Sarah Toan** (12 Kenny).

*Mr Greg King - Assistant Principal*



**Caroline Chisholm Interesting Facts**

**There are proposals for the Catholic Church to also recognise her as a saint.**

**DIARY DATES**

**Year 7 Items, Year 8 Items, Year 9 Items, Year 10 Items, Year 11 Items and Year 12 Items, Whole School Items**

Wednesday 19 Aug	HSC body of Works Exhibition 4.30-6.30pm Year 7 Vaccinations #3 PDSSSC Athletics	Monday 24 Aug	CCC Junior Basketball Year 10 HSIE Vietnam Veterans' Presentation
Thursday 20 Aug	HSC Body of Works Exhibition all day Year 8 Medieval Day Tournament of Minds Training	Tuesday 25 Aug	CCC Junior Basketball Leaders Commissioning Mass 9.00 am
Friday 21 Aug	2016 Student Leaders' Training Day	Wednesday 26 Aug	Year 10 BStreet Smart Youth Road Forum
		Friday 28 Aug	Literature Dress Up Day Year 10 Agriculture Penrith Show
		Monday 31 Aug	PDSSSC Oz Tag Gala Day



## 10 PHRASES TO TEACH CHILDREN RESILIENCE

Adapted from article on: <http://www.kidspot.com.au/10-phrases-you-hear-in-resilient-families-are-you-using-them> by Michael Grose

### 1. "Come on, laugh it off"

**Strategy:** Humour

**Good for:** Kids who experience disappointment, failure and even loss.

Humour is a great coping strategy and a powerful tool for resilience as it heightens feelings of control. Some children and young people will naturally crack jokes or make fun of seemingly serious situations. This is a fantastic way to release stress and handle feelings of helplessness.

### 2. "Don't let this spoil everything"

**Strategy:** Containing thinking

**Good for:** Kids who feel overwhelmed; kids who experience rejection; perfectionists.

The ability to compartmentalise bad events and keep them from affecting all areas of life is a powerful coping skill. When something unpleasant happens during recess, for example, kids need to park their thinking about that event so they can get on with the rest of the day.

### 3. "Let's take a break"

**Strategy:** Distraction

**Good for:** Kids experiencing stressful situations; kids who think too much; kids with busy lives.

When kids are troubled by events or spend too much time brooding, it helps to do something to get their minds off things for a time. Playing games, spending time together, watching some TV, going out – are all good distracters for worried, anxious or stressed kids. Self-distraction is healthy, providing some welcome perspective. It also prevents kids from replaying awful experiences in their heads, blowing them out of proportion.

### 4. "Who have you spoken to about this?"

**Strategy:** Seeking help

**Good for:** Kids who experience bullying and social problems and all types of personal worries.

Resilient people seek solace in the company of others when they experience difficulty. That's why social connection is such a strong preventative strategy for young people. The promotion of help-seeking behaviours is one of the best coping strategies of all. Even if kids don't overtly talk about what's bothering them, it can be immensely reassuring to spend time around others who are empathetic, understanding and willing to listen and help.

### 5. "I know it looks bad now but you will get through this"

**Strategy:** Offering hope

**Good for:** Kids experiencing loss, bullying, change or extreme disappointment.

There are times when parents can do nothing else but keep their children's chins up and encourage them when life doesn't go their way. Being the 'hope' person can be hard work, that's why parents need to be supported by resilient people and workplaces, too. It helps to be mindful that a child or young person's resilience is nurtured by the presence of at least one supportive adult. You may have to be that person.

### 6. "What can you learn from this so it doesn't happen next time?"

**Strategy:** Positive reframing

**Good for:** Kids who make mistakes, let others down or experience personal disappointment.

One of the common attributes of optimistic people is their ability to find learning, or look for a message, in difficult or negative situations. Parents can help kids reframe events to help them see things differently. For instance, rather than regarding a public speaking opportunity as problematic and a chance to look foolish it's better to reframe it as a challenge and a chance to shine. It also helps when parents model reframing so kids see you changing how you view seemingly negative or worrying situations.

### 7. "Don't worry – relax and see what happens!"

**Strategy:** Acceptance

**Good for:** Kids who worry about exams or performing poorly in any endeavour; pessimists.

If you've ever been driving to an important event only to be stuck in traffic then you would know that there are some situations you just can't control. The only way to cope is to accept what's happening because worrying and fretting won't get you anywhere. Similarly, parents with a resilience mindset can help kids understand what's worth worrying about and what's not, and that some things won't change no matter how much kids fret or beat themselves up!

## 8. "This isn't the end of the world"

**Strategy:** Maintaining perspective**Good for:** Kids who catastrophise or blow things out of proportion.

While it can be easy to catastrophise at times, jumping to the worst possible conclusion, it is a habit that only exaggerates anxiety. When kids constantly think the worst case scenario, challenge their views. "Yes, you could end up not knowing anyone at camp but you won't be the only one. Besides you'll probably end up making new friends like you generally do."

## 9. "You could be right. But have you thought about ..."

**Strategy:** Flexible thinking**Good for:** Kids who catastrophise; experience extreme feelings; who exaggerate.

Many children and young people talk in extremes – 'awesome', 'the best', 'the worst' and 'gross' roll off their tongues easily these days. Unfortunately, their extreme language leads to extreme emotional responses. Develop the habit of winding back their language by introducing shades of grey, rather than black and white. Replace "I'm furious" with "I'm annoyed". "It's an absolute disaster" with "It's a pain". "I can't stand it" with "I don't like it". Realistic language leads to realistic thinking, which helps kids handle many ordinary situations that they have blown out of proportion.

## 10. "What can we do about this?"

**Strategy:** Taking action**Good for:** Kids who mope; who experience disappointment; who feel inadequate.

Kids can sometimes feel overwhelmed by events such as constant failure, constant rejection or always narrowly missing being picked for a team. They can be overwhelmed by feelings of inadequacy and helplessness. Action is often the best remedy. Help them take the first step forward. Set some goals. Make some plans. Identify the first step and hold their hand while they take it. Taking action is a quality shared by resilient communities, organisations and individuals.

## 10 best phrases to teach resilience to your kids

1 **Goal**  
Humour**Phrase**  
"Come on, laugh it off"2 **Goal**  
Contain thinking,  
perfectionism and anxiety**Phrase**  
"Don't let this spoil everything"3 **Goal**  
Distraction**Phrase**  
"Let's take a break"4 **Goal**  
Handling worry and asking for help**Phrase**  
"Who have you spoken  
to about this?"5 **Goal**  
Offering hope**Phrase**  
"I know it looks bad now but  
you will get through this"6 **Goal**  
Positive reframing**Phrase**  
"What can you learn from this so  
it doesn't happen next time?"7 **Goal**  
Acceptance**Phrase**  
"Don't worry – relax  
and see what happens!"8 **Goal**  
Perspective**Phrase**  
"This isn't the end  
of the world"9 **Goal**  
Flexible thinking**Phrase**  
"You could be right. But have you  
thought about ..."10 **Goal**  
Taking action**Phrase**  
"What can we do  
about this?"*Mrs Jessica Austin - School Counsellor*



## PDSSSC FUTSAL GALA DAY

On Monday 1st August, 8 girls from Year 9 competed in the PDSSSC Futsal Gala day at Cambridge Park. The day consisted of 3 games followed by the grand final. The team started off strongly with a 4-2 win against Cerdon. The second game was a close call, with a 3-2 win against Nagle. Unfortunately on the third game the team lost 4-2 to OLMC.

However, due to the previous successes of the day the team made it to the grand final. This meant that they would be playing OLMC again. The Grand final was a tough game but the team was able to pull through, winning 2-1 making them the 2015 Futsal champions.



We would like to congratulate all of the girls for their hard work and dedication throughout the day. Finally, we would like to thank Mr MacNamara and Mr Caws for supporting and guiding us throughout this experience.

*Written by Hannah McCrorie and Abbey Tricot*

## MUSIC NEWS



Members of the Caroline Chisholm College Chamber Choir competed in the Annual Penrith Eisteddfod at the Joan Sutherland Performing Arts Centre last Thursday, August 13<sup>th</sup>. The girls entered in the High School Choir category performing two pieces, "Panis Angelicus" and the theme from the BBC TV Series *The Vicar of Dibley*, "The Lord is my Shepherd". The schools competing in the same category exhibited very high standards of vocal technique and musical tone. Our ensemble was awarded second place, only half a mark behind first place, making it a very tight and competitive contest between the schools. The Music Department are extremely proud of the girls in this ensemble for their hard work throughout the year preparing

for not only this competition, but for their constant dedication in attending rehearsals and their involvement in the music ministry at the College. A very special thank you to **Mr Caws** for his wonderful work on accompanying the girls on piano and also to the family and friends who came along to support the girls at the Penrith Eisteddfod.

CCC Chamber Choir Members (Penrith Eisteddfod Competitors):

**Mireille Tamer, Arabella Steele-Allen, Michelle Van Mullekom, Leia Townsley, Tatyana Elisara, Alina Wakeling, Bianca Esterhuizen, Claudine Rule, Sancia Turner, Brittany Hutchinson, Laura Gillis, Alannah Gillis, Savannah Carroll, Phoebe Anderson, Samantha Roots, Rita Tamer and Jade Parkes**

*Mrs Christine Lewis - Creative Arts Music*

## MARK A DIFFERENCE DAY



MAKE A  
DIFFERENCE DAY  
NATIONAL DAY OF DOING GOOD

On Friday 24th July **Rachel Bartolo** and I attended the 'Make A Difference Day' at NSW Parliament in Sydney. The aim of this day was to create awareness of the options and actions young students can take to make a difference in our society. The day started with a keynote presentation from the previous Governor Marie Bashir, explaining her story of education and the difference she's made in many lives by being a psychiatrist for teenagers, then becoming Governor of NSW. We broke off into small groups to discuss current issues that are relevant in society today. We discussed the problem, ways we can solve it and how we can achieve active citizenship. From this day we learned that education is the key to be able to make a difference, because knowledge and understanding can help solve issues within every day life and society.

*Written by Emma Dimech - Year 10*



## NEWS FROM THE LIBRARY

With only **10 days** until Literature dress Up Day 2015. Are you prepared?

The Children's Book Council of Australia Book Week awards will be announced next week. To celebrate, all students who borrow for leisure reading will receive a sweet treat in Book Week and Literacy & Numeracy Weeks (weeks 7 & 8).



There is only one week left to complete the NSW Premier's Reading Challenge for students in Years 7 -9 and two weeks remain for the CCC Senior Reading Challenge. So far 18 Juniors and 24 Seniors have completed their challenges. Will the Seniors outdo the Juniors in the first year of their Challenge? Keep reading, log your books and we will see who wins. Details on both challenges are available on the Library webpage. If any student needs help completing or recording their books please call in the Library for help or email me at [tokeeffe@parra.catholic.edu.au](mailto:tokeeffe@parra.catholic.edu.au).

Congratulations to **Kirsten Gearin, Elizabeth Ajopour, Micquella Grima, Carla Penza, Alina Wakeling, Elizabeth Wakeling and Katherine Wakeling**, as well as **Ciara Cullen, Bridget Turner, Savannah Carroll and Maria Alcantara** for recently completing your respective challenges.

Some more student thoughts on the CCC Senior Reading Challenge ...

*This reading challenge was very enjoyable. Although it was hard to read that many books in a short space of time, the fact that I chose books that were great to read and interesting made it all the more easier. I have noticed a difference in my vocabulary and writing skills which is always good :) The only difficult part was trying to read the books while juggling assignments and homework. **Ciara Cullen***

*The CCC Senior Reading challenge allowed me to not only complete these books but also keep myself constantly reading throughout the holidays, so when I had no school work I was still refreshing myself with literacy skills. **Elizabeth Bakous***

Happy reading!

**Mrs Teresa O'Keeffe - Teacher Librarian**



## VINNIE'S VAN

Thank you to the following Year 12 students for generously giving their time to support the Vinnie's Van last Wednesday night 12th August. You were brilliant ambassadors for the College and great company for the evening.

**Clare Devlin, Eileen Kenny, Jennifer McDonald and Sarah Richter.**

**Ms Junelle Dunne**





## BRINGING SUSTAINABILITY TO LIFE

On the 30<sup>th</sup>/31<sup>st</sup> of July, Angela Sciacchitano, Katelyn Warburton, Tara Bennett, Rachel Bartolo and Hannah Azzopardi represented the College by attending the “Schools of Sustainability” conference at Penrith City Council.

As apart of these two days, we learned some scary statistics about Earth and how future generations are at high risk of having limited natural resources and missing out on many beautiful natural features.

- Less than 1% of the world’s fresh water is readily available for human use.
- The human population has grown more in the last 50 years than it did in the previous 4 million years.
- 1 in 4 mammals are at risk of extinction.
- 2.2 billion have no access to sanitation (working toilets)

An issue that shocked us the most was the presence of World Overshoot day, which fell on 19<sup>th</sup> of August 2014.

This day marked when our world had maxed out its human resources for the year. It was a day earlier than the year before. This year it is projected to be on the 13<sup>th</sup> of August. When Overshoot Day occurs it means from then on we are using resources from the next year. 20% of the world’s population consumes 80% of our human resources and if this continues we will be starving future generations of their resources.

On a brighter note, fortunately for us we also learned about the better stats in our world.

- Use of renewable energy is increasing in all countries.
- The number of people living in poverty is slowly decreasing.

A part of the two days involved brainstorming the schools main concerns, which got us to reflect thoroughly about our local schools major issues:

- Page usage - Recycling
- Technological waste
- Tree issues/ Limited greenery
- General awareness about our environment
- Utilizing our garden space, growing new, larger and native plants

We also looked at the impacts of food waste, the textiles industry, plastics, landfill and solutions such as recreating and reusing.

This conference holds a significant purpose as it not only affects us but our children and their children will face these issues. From our experiences we have developed a large number of ideas that we would like to discuss and determine if they can be implemented into our school to make it more environmentally friendly.

We would like to thank all those who made the day possible, particularly Penrith Council and UWS.

*Written by Angela Sciacchitano and Tara Bennett*

### RESOURCES FROM – SCHOOLS OF SUSTAINABILITY:

<https://www.youtube.com/watch?v=WfGMYdalCIU>

Take 3 for the sea –take3.org #take3forthesea

<http://www.footprintnetwork.org/en/index.php/GFN/page/calculators/>





## PUBLIC SPEAKING COMPETITION

As we do every year, students in Years 7 -10 were asked to prepare and deliver a speech in their English class choosing from a selection of topics. This year, our focus was on celebrating Shakespeare and seeing how students in 2015 interpret some of his most renowned quotations. The students' responses affirmed our belief that the bard is still very relevant in our time.

All of the students are to be commended on composing and delivering a speech to their English class. We are very aware that while this comes easily to some, it's a daunting prospect for others. We were very proud of the positive way that the girls engaged with the task.

Congratulations to the following students who represented their classes at the Year Assemblies on the 17<sup>th</sup> July 2015. They were presented with a certificate to acknowledge their achievement.

Year 7	Year 8	Year 9	Year 10
Emma Cutts	Georgia Zeaiter	Jessica Willmette	Ceren Narli
Libby Okello	Kaitlyn Attard	Lily Xiberras	Arabella Steele-Allen
Tammin Danby	Caitlin Sheridan	Alina Wakeling	Ella Drinkwater
Claudia Fava	Chloe Taylor	Kenyana Martin	Katelyn Warburton
Imogen Van-Stolk	Chloe Cunningham	Madison Harvey	Ashleigh Bridge
Annika Svensson	Carla Penza	Jacinta Wheelahan	Danielle Todd
Georgia Gorringer	Lily-Rose Saliba	Ashlin Biju	Chloe Douglass
	Angelique Minas	Jacinta Rastegorac	
	Shannon Baillie	Jordyn Cochran	

The following students were chosen by a panel of judges as the winners of their year group. They were presented with a trophy and were asked to deliver their speech to the College Assembly on Friday 31<sup>st</sup> July 2015. We were so impressed by their passion, confidence and ability to entertain, challenge and motivate our school community. Below their names you'll find the quote that inspired them and an excerpt from their speech.

### Year 7

#### Libby Okello

**'All the world's a stage ... and one man in his time plays many parts.'** *As You Like It* (Act II, Scene VII)

*... Anyway, before they made up the expression 'all the world's a stage and one man in his time plays many parts' they should've built a time machine to the 21<sup>st</sup> Century. Women are becoming doctors, members of parliament, builders, scientists, mechanics ... All the world's a stage and one man in his time plays many parts, NO - all the world's a stage and **everyone** in their time plays many parts.*

### Year 8

#### Lily-Rose Saliba

**'Can one desire too much of a good thing?'** *As You Like It* (Act IV, Scene I)

*As Australians, we all would like to think that we live in a classless society. But is our idea of an equal, classless society truth or myth?*

*Depending on what you read and who you listen to, the idea of a classless society is not a topic that would usually come up over dinner and definitely not something that is spoken about often in the mainstream media. As much as we want to believe that we are all middle-class Australian, we can't all be in the middle.*



### Year 9

**Lily Xiberras**

**'The fault ... is not in our stars, but in ourselves.'** *Julius Caesar* (Act I, Scene II)

*When you finally fell in love and got married, I was so happy because you were happy.*

*And ... although your wife wasn't a dog person, I welcomed her into our home and was affectionate and obedient.*

*Then you had a baby and oh, I shared your excitement. I loved the baby; how lovely he smelled. I wanted to mother him too. I loved everything about him and would defend him with my life.*

*But your wife was worried that I might hurt him and so ... I had to spend more and more time outside.*

*All by myself.*



### Year 10

**Danielle Todd**

**'Nothing will come from nothing.'** *King Lear* (Act I, Scene I)

*As I'm sure you already know, my name's Danielle Todd, the model, number one best selling book author, motivational speaker, volunteer surgeon, mathematician, scientist, role model, exceptional athlete, no.1 grass grower and Guinness World Record holder for longest introduction ever made on a speech.*

*And you probably know me from my last speech. I'm not bragging - but just in case you forgot I photocopied the whole speech for you to take home, and if you want to sell it on eBay, I also signed every copy.*

*It all began when I was in high school, and I was the smartest in the grade. The most popular. Everyone looked up to me. I was like Ja'mie from Summer Heights High. Let's just say I was pretty quiche. I try not to boast about all my successes, but how can't I when my life is so perfect? I'm the smartest in my family by far, which is an achievement on its own because I come from a family of doctors.*

## Literature Dress Up Day

**Friday 28<sup>th</sup> August, 2014**

The day where we can all dress up as a character from literature, film, comics or television shows is only a few weeks away. Now is the time to begin organising your costume or getting together with your friends to bring to life an ensemble of your favourite characters. Our annual dress up day is a fun community event to launch Literacy Week.

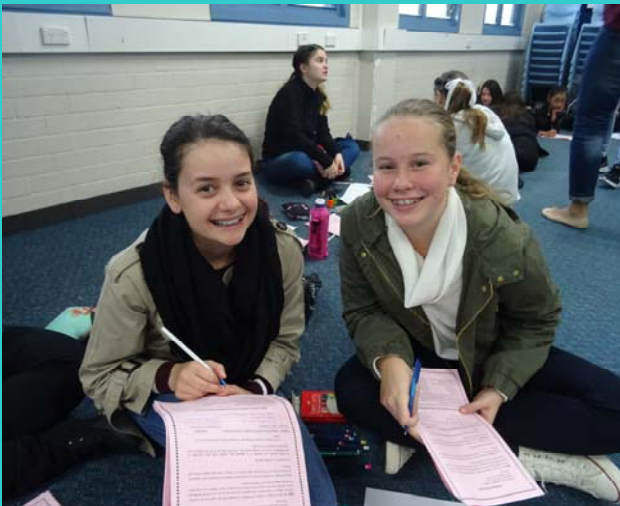
There will be parades at the year assemblies on the day and prizes will be awarded for the students who best represent their chosen character.

***Mrs Ana Dudley - Leader of Learning English***

# Year 8 Reflection Day

Year 8's Reflection Day theme was 'Love is Patient and Kind'. This theme was based on the message of St Paul in his influential and informative Letter to the Corinthians. Throughout the day the students engaged in a variety of activities that encouraged them to consider the gifts that God has given each of them and to think about the ways in which they could show love and kindness to other members in our College community. The spiritual highlight of the day was the liturgy, in particular the ritual where the students were invited to place a stone in a bowl of water, symbolising the washing away of any hurts that they carried. Many students enjoyed the presentation on the idea of beauty inspired by Audrey Hepburn's qualities and as a result were able to look well beyond the physical characteristics of people and focus on the inner beauty. The recess and lunch breaks provided the opportunity for the students to chat with others and share a picnic lunch. The final session of the day was a spirited Trivia session organised by **Miss Janine Balite** and **Miss Clare Thompson**.

*Ms Penny Mabon - Leader of Learning Year 8*







## PDSSSC DANCE COMPETITION

On Friday 14<sup>th</sup> August the Caroline Chisholm Dance Company competed in the PDSSSC Dance Competition. We had a troupe entered in every category and all of the students represented our College extremely well. They were respectful, well behaved and supported each other throughout the day.

Our Junior Soloist, **Georgia Zeaiter** from Year 8, placed 1<sup>st</sup>, as did the Irish dancers in the Cultural section. The Hip Hop troupe came 2<sup>nd</sup> and the Jazz troupe placed 3<sup>rd</sup>. Our Contemporary troupe and Senior Soloist, **Emma Lonard** from Year 10, were unlucky in their sections but performed beautifully.

We proudly came away from the competition as overall School Champions for receiving the highest points on the day. A big congratulations to the girls for all of their hard work in preparing for this competition. I would also like to thank **Mrs Teresa O'Keefe** for her help on the day.

*Mrs Brooke Hughes - Creative Arts Dance*



**Irish Troupe**

Erin Stinten, Anastasia Stinten, Katherine Wakeling, Mairead Ward Caitlin Pellizzon, Elizabeth Wakeling



**Jazz Troupe**



**School Champions 2015**



**Contemporary Troupe**



**Hip Hop Troupe**

Yasmin Egan, Emily Gilmore, Angela Sciacchitano, Courtney Hooper, Leslie Buadromo, Maria Blears, Melanie Hooper, Keeley McCahon, Skylah White



### **Soloists**

Emma Lonard  
Georgia Zeaiter



## YEAR 9 JAPANESE EXCURSION TO THE TANKEN CENTRE

Our enthusiastic Year 9 Japanese class spent an excellent day at the Nihongo Tanken Centre, located in the grounds of Kirawee High School, all the way over in The Shire.

For the first time, we joined with a class from St Dominic's, adding a new dimension to the experience. Early activities on the day required the girls and boys to use their Japanese communication skills to get to know each other by finding out about each other's ages, hobbies, sports, pets, subjects they study and what they eat for breakfast.



The Tanken Centre staff run all of the activities speaking only in Japanese, supplementing their speech with gestures, demonstrations and humour to facilitate understanding. The students completed a number of competitive challenges involving all of their communication skills – reading, writing, speaking and listening. The games were based on language structures they were familiar with and also introduced them to many features of a traditional Japanese house. Our girls seemed even more competitive than the Dom's boys!

Our students acquitted themselves very well, enjoyed eating a traditional obento and all in all had a great day.

**Mrs Wendy Merriman - Leader of Learning LoTE**

*I was very glad to experience a new and exciting kind of hands-on learning for Japanese at the Tanken Centre. The activities and games were very enjoyable and we were able to learn in a different way to our usual classrooms. What made the visit even more authentic was the 'obentou' lunchbox and the interior of the Centre, which was set up with traditional Japanese decor and furniture and also included a traditional garden. I feel that I will remember this excursion as one of the best.*

**Written by Sally Byun Year 9**





## GOSPEL CONCERT "SPIRIT OF JOY"

Presented in association with the "Sydney Sacred Music Festival"

[www.sydneysacredmusicfestival.org](http://www.sydneysacredmusicfestival.org)

### DATE/TIME:

Saturday, 5<sup>th</sup> September 2015, 3pm to 5.30pm

### LOCATION:

Mount Schoenstatt Spirituality Centre  
230 Fairlight Road  
Mulgoa NSW 2745

### WHAT TO BRING:

- Fold up chairs
- Picnic blanket
- Torch
- Picnic dinner-food also available to purchase.
- Mozzie spray-just in case

This is an outdoor event, please be prepared for changes in weather conditions.

**PROCEEDS:** Repairs & Maintenance of the Home of Light, a retreat style accommodation facility utilised by youth, community and religious groups.

### AIM:

To bring people of all religious traditions together to feel the joy of God, through spiritually uplifting/upbeat music & song. Come share the joy!

**Enquiries:** [manager@schoenstatt.org.au](mailto:manager@schoenstatt.org.au)

Phone: 02 4773 8338 Ext: 236

Accommodation available-contact above number.

**TICKETS:** Purchase at [trybooking.com](http://trybooking.com)-link:

<http://www.trybooking.com/144537>

- \$12 for adults
- \$8 for school age children
- \$35 for family: 2 adults-up to 4 school age children
- Children under 5 – free



# Corpus Christi Primary School

## Market Day

**Saturday 12<sup>th</sup> September 2015 - 11AM to 4PM**

Clothes      Candles  
Children's Craft  
Barista Coffee      Homewares

School Hall @Corpus Christi Primary School, Andromeda Drive, Cranebrook

RAIN, HAIL OR SHINE



Sausage Sizzle      Popcorn      Slushies  
Cakes/Slices      Free LIVE Entertainment

For information on stall availability please email [corpuschristi@para.catholic.edu.au](mailto:corpuschristi@para.catholic.edu.au) with subject "Spring Market Question"

## Helen Minol's Retirement Celebrations



We would love it if you could join the Our Lady of the Rosary School community at one or both of the events we are holding to celebrate Helen's remarkable achievement of 50 years teaching at OLR and to wish her well for her retirement.

**Wednesday 7<sup>th</sup> October, 2015**  
Liturgy at the school at 2.00pm followed by afternoon tea.

**Saturday 24<sup>th</sup> October, 2015**  
6.00pm Mass at the Church followed by a 'Back to OLR Reunion Experience' and supper at the school.

RSVP before Friday 11<sup>th</sup> September, 2015 to:  
[olrstmarys@para.catholic.edu.au](mailto:olrstmarys@para.catholic.edu.au)  
Please indicate which event/s you will be attending.  
Please provide names of adults/children attending for catering purposes.

Please spread the word by telling your friends and sending it out on social media so we can get as many past students/staff and friends of Helen's attending.

We are compiling a book of photos & memories for Helen.  
If you have any photos, stories, memories or a message that you would like included, please email these by Friday 11<sup>th</sup> September.

At the Saturday evening celebration there will be a guest book for you to sign and we will be collecting donations to assist with the cost of the book, gifts and events.  
(We suggest a donation of \$5.00 per person which would be greatly appreciated)

Note: We will also be running tours of the school on the Saturday evening for anyone who would like to have a look around.





Richmond Community Services Inc. in partnership with  
Western Sydney Family Referral Services &  
Windsor Professional Centre is pleased to be able to offer a  
**FREE 3 week ongoing group**

## Teens—Breaking Down the Wall! For parents of teenagers

Are you feeling disconnected with your teenager? These 3 FREE ongoing workshops will provide helpful strategies to optimise healthy relationships as your child transitions towards young adulthood.

**SESSION1:** Understanding your teenager.

**SESSION 2:** Skills and strategies for a calmer home, communication and conflict resolution.

**SESSION 3:** Keeping the relationships positive and looking after yourself. Resources for the future.

**3 x Saturdays: 14th, 21st & 28th November**  
**10am – 12.30pm**

**BOOKING ESSENTIAL! 02 4588 3555**

Email: [admin@rcsi.ngo.org.au](mailto:admin@rcsi.ngo.org.au)

At: Richmond Neighbourhood Centre

20 West Market Street, Richmond, NSW 2753



## TWO - PART SEMINAR Understanding Family Law

PRESENTED BY:

**Beth Jarman**

Lawyer—Accredited Family Law Specialist

### WEDNESDAY 22<sup>ND</sup> JULY - SESSION 1

Overview of the Family Law Act with Focus on Separation and Divorce.

- Parenting Plans
- Best Interests of children
- Family Dispute Resolution
- Family violence
- Role of Independent Children's Lawyers
- Timetables under the Family Law Act
- Timetables within the Family Court
- Consent Orders.

### WEDNESDAY 12<sup>TH</sup> AUGUST - SESSION 2

Overview of the Family Law Act with Focus on Property

- What constitutes or determines Property
- Application of the Act in de facto or same sex relationships
- Requirement for Pre-action Procedures
- Spouse Maintenance
- Timetables under the Family Law Act
- Timetables within the Family Court

### DATES

**Session 1** Wed. 22nd July 2015

**Session 2** Wed. 12th August 2015

### TIME:

7:30 pm—9:30 pm

### VENUE:

Diocesan Assembly Centre  
1-5 Marion St, Blacktown

### COST:

\$ 7.00 per session

### FURTHER INFORMATION/BOOKINGS ESSENTIAL

Contact: Solo Parent Services 9933 0205

Email

[soloparentservices@ccss.org.au](mailto:soloparentservices@ccss.org.au)



Australian and New Zealand  
FORENSIC SCIENCE SOCIETY



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## 2015 Inside the Forensic World Location

*Saturday 22<sup>nd</sup> August 2015  
at the University of Technology, Sydney*

Inside the Forensic World features forensic scientists, investigators and lawyers who will discuss their career path, experiences and answer questions from the audience. An extensive practical program will also complement the lecture series. There will be displays featuring work performed by NSW forensic practitioners and career guidance information available to attendees.

This is especially suitable for students in Senior high school and first year university, or even educators involved in teaching science/forensic topics

**You will have a chance to investigate a crime scene in the new Crime Scene Unit at UTS!**

Places are strictly limited!



Proudly supported by  
**UTS:SCIENCE**



Nearby street parking is available on Thomas Street, and in a parking station in Building 10, off Thomas Street. There is also a convenient car park in the Novotel Hotel in the section of Thomas Street behind the ABC. UTS is also a ten minute walk from Central Station

Proudly supported by  
**UTS:SCIENCE**

WHERE: University of Technology, Sydney  
Building 7, Level 3 Foyer for registration  
(Entry point: Corner of Thomas & Jones St, Ultimo)

WHEN: Saturday 22<sup>nd</sup> August, 2015, 9.00 am – 3.30 pm

COST: \$60 per person (incl refreshments & lunch)

To receive a registration  
pack, please email  
[nswbranch@anzfss.org](mailto:nswbranch@anzfss.org)

WHERE: University of Technology, Sydney  
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