



# CAROLINE CHISHOLM COLLEGE NEWSLETTER

Term 3 Week 8 Issue 14 2015



**Faith Courage Tolerance**

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## FROM THE PRINCIPAL

Dear Parents, Friends, Staff and Students of Caroline Chisholm College,

Several weeks ago the school captain of a prestigious school spoke to his school community about his own struggle with depression. He said that he did this not to gain sympathy, but to raise awareness of the illness within his school and the wider community. This young man is a leader - in every sense of the word even though he is only 18 years old.

Too often - older members of the community dismiss the young as irresponsible and incapable of offering any substantial change within a society. I believe that while there may be some young people who may fit that bill, the majority that I have had the privilege of working with are very capable, articulate and confident young ambassadors for a better school, better local community, better Australia and ultimately a better world.

I offer you an excerpt from our new School Captain, Chantelle Al-Khouri, who has big dreams for our school community which, if realised under her leadership, would transform lives even beyond our school gates.

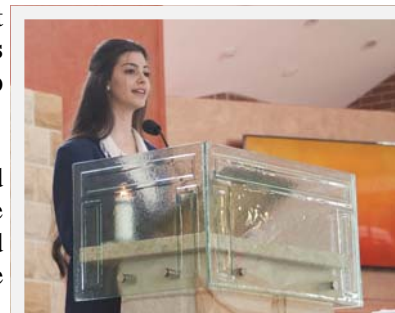
“Good morning students, teachers, parents and guests,

I am very honoured to have been given this role as college captain ... This time last year when Samantha Arnold was standing here, she mentioned that as a school, we are a sisterhood. This resonated with me ... as it is the perfect explanation of how I feel about fellow students. I love that our environment is one of love and support, where we **as a team can make a difference** and I hope to continue this idea of the sisterhood at the college ... as sisters we will disagree and have our own strong opinions but we put our differences aside ... **to challenge and motivate each other while celebrating our individuality.**

After finding out that I had been given this role, I thought repeatedly about how it is an opportunity to do extraordinary things. ... **This position is actually about you. It's about how I can help you and lead you to help others.**

Many of you would have heard of “pay it forward”, a concept which is used around the world, changing lives every day. I challenge each and every one of you to do at least one good deed for another person each day and encourage that person to do a good deed for someone else. It will surprise you how you can make a difference.

**So let's change lives. Ambitious, I know, but never underestimate what a mind and heart can do when fuelled by the power of determination ... ”**



Powerful words from a young leader! So in the spirit of Jesus's challenge to be his disciples, let our collective voices join in Chantelle's rallying cry, “ ... **So let's change lives ... ”**

**Mrs Mary Leask  
Principal**



### FROM THE ASSISTANT PRINCIPAL

#### Uniforms – blazers

Just a reminder that it is compulsory for students to wear their blazer to and from school each day in Terms 2 and 3 or until otherwise advised.

#### Uniforms – skirt length

A few students who have had growth spurts really need to see about letting their skirts down or purchasing new skirts. All students whose skirts are not to the bottom of the knee need to do something about it over the holidays. As next term progresses, all students whose skirts are too short will get reminder notices with the expectation they do something about it immediately, whether it is getting a hem let down or purchasing a new skirt. As the same skirt is worn by all year groups, skirts can be purchased at any time during the year with the expectation that reasonable wear will be had from any purchase.

If a new skirt is needed, it makes sense to purchase it in Term 4 when there aren't quite so many demands on money as there are at the start of a year. Just make sure the new skirt has plenty of length to accommodate future growth. Given the time they spend in the skirts, the \$50 cost will be one of the more cost-efficient clothing purchases you make for your daughter.

#### Doing the Right Thing

Congratulations to **Jade Smith** (7 Gilmore), **Lily Marmont** (8 MacKillop), **Ebony Humphrey** (12 Gilmore) and **Starr Thomas** (12 Jackson). They have been selected to receive a \$5 canteen voucher for college service.

*Mr Greg King - Assistant Principal*



## Caroline Chisholm Interesting Facts

Caroline Chisholm Interesting Facts

On trips to Sydney Caroline and Archibald became aware of the difficult conditions that faced emigrants arriving in the colony. They were particularly concerned for the young women who were arriving without any money, friends, family or jobs to go to and many ended up working the streets to make ends meet.

### DIARY DATES

Year 7 Items, Year 8 Items, Year 9 Items, Year 10 Items, Year 11 Items and Year 12 Items, Whole School Items

Wednesday 2 Sept	Year 8 English Poetry Action Incursion	Monday 7 Sept	Preliminary Final Examinations (Year 11)
Thursday 3 Sept	Years 9 & 10 PASS Camp	Tuesday 8 Sept	Preliminary Final Examinations (Year 11)
	Year 12 Biology & Senior Science Museum of Health Excursion	Wednesday 9 Sept	Preliminary Final Examinations (Year 11)
Friday 4 Sept	Years 9 & 10 PASS Camp	Thursday 10 Sept	Preliminary Final Examinations (Year 11)
	Year 12 Chemistry Maritime Museum	Friday 11 Sept	Preliminary Final Examinations (Year 11)
	Years 9 & 11 Agriculture Uni Training Day		NSWCCC Athletics Carnival
	Preliminary Final Examinations (Year 11)	Monday 14 Sept	Year 12 Revision Program
		Tuesday 15 Sept	Year 12 Graduation Liturgy and Mass



### FROM THE LEADER OF RELIGIOUS EDUCATION

#### Reception into the Catholic Faith

Over the past six months it has been my privilege to prepare eight students at the College for the reception of one or all of the sacraments of initiation into the Catholic Christian faith. These sacraments of initiation are Baptism, Eucharist and Confirmation.

Last week at the Leaders Mass four students made their first Communion having been baptised on June 18<sup>th</sup> in the presence of their godparents, families and friends. These girls are:

**Jordan Power** Year 7, **Erinn Cleghorn** Year 7 and **Tayla O'Hara** Year 11.

One student, **Arnica Mahanga** Year 7, was unable to attend the Leaders' Mass and hence celebrated her first Eucharist at Padre Pio morning Mass on Friday 28<sup>th</sup> August.

On Monday 1<sup>st</sup> September these girls received the sacrament of Reconciliation for the first time. Fr Robert Riedling officiated at both these significant occasions.

Then, on Tuesday 2<sup>nd</sup> September, three girls were Confirmed at St Patrick's Cathedral by the Very Rev. Peter G. Williams, the Administrator of the Catholic Diocese of Parramatta. This ritual Mass was for any candidate over the age of 16 from within the Parramatta Diocese. Congratulations to the following girls who are now fully initiated into the Catholic Church: **Tayla O'Hara** Year 11, **Brooke Tavares** Year 12 and **Naomi Felton** Year 12.

Congratulations also to **Emily Smith** Year 12 and **Sarah Ruddick** Year 12 who took on the responsibility of being sponsors for **Naomi** and **Brooke**.

Next week at Padre Pio Parish the following girls will also be fully initiated into the Catholic Church at the Rite of Confirmation.

**Jordan Power** Year 7, **Erinn Cleghorn** Year 7, **Arnica Mahanga** Year 7, **Samantha Morrison** Year 8 and **Jessica Wingate** Year 9.

I ask to keep these girls in your prayers and to pray for them as they take on this commitment to follow Christ in their lives.

#### Poverty Awards

This week the Social Justice Committee applied to participate in the 2015 Anti-Poverty Awards. These awards recognise schools in Australia who are engaging their students in creative and innovative school-based projects that work towards addressing inequality and poverty.

The Award acknowledges the many projects undertaken by schools and the significant contribution these projects have on the wider community's understanding of inequality and injustice.

In order to win an award we need you to vote for our school community by going to <http://antipovertyawards.org.au/applications/caroline-chisholm-college-glenmore-park>.

#### Penrith Community Kitchen Appeal

Next Wednesday 9<sup>th</sup> September we will be closing our food drive for Penrith Kitchen. The Community Kitchen provides hot meals every day for individuals and families in need. If you would like to contribute please send any non perishable food item in with your daughter so that we can deliver it next week.

#### Farewell and Thank you

It is with much sadness that the College farewells Fr Robert Riedling this week as he leaves for a period of study in the UK. We thank him for his generosity in giving so much time to us here at the college, attending staff meetings and spirituality days, regularly speaking to classes, providing opportunities for First Rite Reconciliation and lunchtime Masses and for celebrating our whole school Masses with us, making them a central component of life here at the College. We wish you well Fr Robert.

*Ms Bernadette Murray - Leader of Religious Education*



**FROM THE LEADER OF INNOVATION & LEARNING**

**Mobile Device Management**

Over the past few months our students and staff have been enrolling their devices into the CEDP (Catholic Education Diocese of Parramatta) Mobile Device Management System called Air Watch. Air Watch is a piece of software used in large organisations to manage BYOD programs and all devices owned by the organisation.

Though Air Watch contains many features to enable an organisation to manage mobile devices, in its deployment at Caroline Chisholm College, some of the features have been disabled to protect the user’s privacy and data.

At present, a number of myths are circulating around the purpose and use of Air Watch. Some of these include:

*“The software can track my device.”*

*“The software can track my in-app usage and data.”*

*“The software can remotely control my device and view my personal files.”*

*“The software can track my whereabouts.”*

At Caroline Chisholm College, Air Watch is used to push out settings to ensure that a device has the correct information to connect to the CEDP wireless network and also to push out apps that staff and students may require. If a device is lost or stolen Air Watch can only locate the device if the user has enabled location services. We cannot delete the apps already installed on a device, though we can see all the apps that are installed. We cannot read any users’ passwords. We can, however, view internet traffic when the device is used at school on the school’s Wi-Fi network. The sites visited whilst on the school’s network are logged and filtered by CEDP and a list is provided to the Principal to ensure the safety of students and staff.

At our College, user privacy and security is of great importance for both students and staff who bring their own devices. The implementation of Air Watch ensures that a user’s privacy is not compromised.

**Formal Assessment Tasks – Term 3, Weeks 8-10**

Year Group Term/Week Due	Term 3, Week 8	Term 3, Week 9	Term 3, Week 10
<b>Year 7</b>	Science	CoLe Technology	Music
<b>Year 8</b>	Technology	English	Music Visual Arts
<b>Year 9</b>	Food Technology Japanese History Elective Science	English Drama	Dance IST
<b>Year 10</b>	History Agriculture Food Technology	Dance Drama Music	English Science Design & Technology Japanese
<b>Year 11</b>	Drama Preliminary Exams commence 4 <sup>th</sup> September	Preliminary Exam Block	NIL
<b>Year 12</b>	NIL	NIL	NIL

*Mr Stephen Casni - Leader of Innovation & Learning*

## HSIE REPORT



Year 8 students had a fun filled day on Medieval Day on Thursday 20<sup>th</sup> August with a presentation from James Adams and a range of medieval games and activities. James showed the students medieval weaponry, shields, armour, stocks, chain mail and much more, giving them a greater insight into the difficult and often dangerous life of people in that time. Many thanks to **Mrs Crawley, Mrs Cocks, Ms Patos, and Ms Hasking** for their preparation in making this a fun day for everyone.



On Monday 24<sup>th</sup> August, Vin and Nancy Cosgrove from the Vietnam Veterans' Association gave an engaging and informative presentation to Year 10 History students. This is the ninth consecutive year that Vin and Nancy have presented their program for us and we are very grateful for their dedication to this work. Some of our students modelled the uniforms of various military roles in the war and all students were able to gain an insight into the nature of the war and its impact on soldiers, veterans and their families.



**Rachel Bartolo** and **Emma Dimech** from Year 10 attended Make a Difference Day at NSW Parliament House earlier this month, to learn about actively working for change within their local community. Dame Marie Bashir AD, CVO presented the address and inspired the students to achieve their goals. Both Rachel and Emma brought back many new ideas to share with their peers.



Our Mock Trial team had great success over the last few months, defeating Blacktown Boys High School and moving into the elimination rounds of the competition. Their final match was against Georges River Grammar with the Trial held at the Supreme Court in Sydney. While we lost by only a few points, our students stood up very well to the opposing team and won the case itself. Many thanks to Mrs Wilson for her dedication and time given to this opportunity for the girls.

*Mrs Natalie Vella - Leader of Learning HSIE*

**SCIENCE REPORT****Year 8 Science IncurSION**

Last Tuesday, Year 8 took part in an interesting science incurSION called Big Science, run by 'Fizzics Education'. We learnt about different aspects of science, including sound, light and air. Some girls were able to volunteer to take part in some exciting experiments, including an

experiment where a ball was floating on top of a working vacuum, teaching us all about air density and gravity. We all had a really enjoyable time, and we were all able to learn something that will be beneficial in our lives.



*Written by Claudia Dixon - Year 8*

**The ConocoPhillips Science Experience**

On Wednesday 8th July till Friday 10th of July I took part in The ConocoPhillips science experience. The science experience is a 3 or 4 Day program of exciting, challenging, hands-on Science Activities. This exciting program is available at a variety of universities for Years 9 and 10 students across Australia. Each university provides students an exciting 3 day plan, this allows students the opportunity to select the university which they would best enjoy. I chose the University of Wollongong as their plan fulfilled my interests. Throughout the 3 days I participated in various practical activities, laboratory sessions, a field trip and lectures in many sciences including nursing medical and health science, earth and environmental science, chemistry, astronomy, physics and biology. In addition to this, we were also given the opportunity to broaden our perspective of science and its applications, an insight into what studying science at university is like and information on the many courses, careers and opportunities available at the university. There are still many opportunities to take part in this experience at universities from around Sydney and NSW. At our school, we get various opportunities to expand our knowledge and interests in particular subjects. If the Science Experience is something which sparks your interest, contact your science teacher or visit the website for more information.



**DNA extract from Strawberries**

*Written by Hannah Macinante - Year 9*

**Education Perfect Science World Championships**

Students from Years 7 to 12 competed in the Education Perfect World Championships. The competition ran from Monday 17<sup>th</sup> August to Thursday 27<sup>th</sup> August. To compete, students answered a range of biology, chemistry and physics questions, which not only reinforced learning outcomes but also gave them competition points.

The results for this competition are outstanding. All students who competed should be very proud of themselves. We have shown that as a school we can compete with the best in the world in Science.

Competition results are:

8<sup>th</sup> overall globally out of 876 schools

6<sup>th</sup> overall in Australia out of 582 schools

2<sup>nd</sup> overall in the 501-1000 students category out of 168 schools

4<sup>th</sup> overall in NSW out of 155 schools

2<sup>nd</sup> in NSW and Australia in the 501-1000 students category.

Our students achieved a number of awards including

8 Gold awards (achieving more than 3000 points)

10 Silver awards (achieving more than 2000 points)

18 Bronze awards (achieving more than 1000 points)

32 credit awards (achieving more than 500 points)

A big congratulations and good luck to **Rafaela Safadi Egg** in Year 8 who has been selected to apply to go to the USA and participate in space camp. Rafaela has a 1 in 10 chance of winning this once in a lifetime trip. **Angel Jojo** from Year 9 also won a \$30 iTunes voucher.

*Mrs Liesel Simpson - Assistant Leader of Learning Science*

**PDSSSC ATHLETICS CARNIVAL 2015**

The annual PDSSSC Zone Athletics Carnival was held at Blacktown Olympic Park on Wednesday 19<sup>th</sup> August 2015. The track events began at 8am and the rounds for the field events at 8:30am. It was always going to be a busy day and there were many excellent results achieved.

These included;

1<sup>st</sup> Place **Melanie Ruse** 17yrs 100m, 200m, Long Jump and Triple Jump

1<sup>st</sup> Place **Monique Quirk** 14yrs 100m, 200m and 400m

1<sup>st</sup> Place **Mia Gleeson** 12 yrs High Jump, Discus, Javelin 2<sup>nd</sup> Place: Shot Put

2<sup>nd</sup> Place 4 x 100m Senior Relay: **Melanie Ruse, Emily Perring, Kara Thompson and Samantha Arnold**

2<sup>nd</sup> Place 4 x 100m Junior Relay: **Tahlia Faint, Zoe Walther, Sarah Blaikie and Adelle Brett**

2<sup>nd</sup> Place **Sarah Blaikie** 13 yrs long a jump

3<sup>rd</sup> Place **Keeley McCahon** 16 yrs 1500m

3<sup>rd</sup> Place **Alison Gallen** 13 yrs 400m, Long Jump

3<sup>rd</sup> Place **Megan Cooper** 12 yrs Shot Put, 400m and 1500m

Each student gave their all on the day and well done to all those students who competed in several events. You have done your school proud, especially **Melanie Ruse, Monique Quirk** and **Mia Gleeson** who will be representing our College at the up and coming Combined Catholic Colleges Carnival. A big thank you goes out to all the people who made this day possible especially **Mrs Muscat Miss Grego, Mr McIveen** and **Mrs Hodges**. Thank you also to all the parents who came to support us on the day.

**PDSSSC Team 2015**

Samantha Arnold

Xena Benton

Sarah Blaikie

Maria Blears

Adelle Brett

Keisha Chilmaid

Megan Cooper

Rebecca Dunn

Tatyana Elisara

Tahlia Faint

Alecia Ford

Alison Gallen

Mia Glesson

Navine Idris

Rachel Joy

Ashleigh Macerola

Keeley McCahon

Chloe Neilly

Emily Perring

Monique Quirk

Melanie Ruse

Emily Smith

Emma Steltenpool

Kara Thompson

Abbey Tricot

Kate Wakeling

Zoe Walther

Ashleigh Whitbread

*Mrs Desley Hodges*

**NETBALL NSWCCC**

On the 18<sup>th</sup> August saw the annual NSWCCC Netball championships at Jamison Park. Caroline Chisholm sent three teams into the competition where they faced tough competition in the junior, intermediate and senior divisions. The junior team came out strong, defeating tough opponents including Gilroy College from Castle Hill. The intermediate team enjoyed some exciting matches that brought out the strong defense and skillful shooting. Our senior team played consistently throughout the day, displaying great energy and enthusiasm throughout the day. Congratulations to all our players and umpires for a wonderful day on the courts.

*Miss Janine Balite*

**BASKETBALL GALA DAY**

Students from Caroline Chisholm College participated in the recent Combined Catholic Colleges competition held at Penrith Valley Sport Centre. The tournament showcases the best Catholic teams throughout NSW with many teams traveling hours to be involved. Whilst our results were not what we had hoped, we remained competitive in a number of areas. Unfortunately a lack of size, depth and rebounding skills were probably the difference.

I commend all players on their efforts and remind them to be proud of their achievements in qualifying for this event. Their commitment and spirit can not be questioned with all giving of their best, playing through injuries and fatigue, including one game in which they had to play five minutes of the game with only four players.

Thanks to the number of parents who watched and supported their daughters. I hope the girls take this opportunity to grow and learn from the experience.

*Mr Damien Mills - Basketball Coach*



## EXAM TIME: HINTS FOR EFFECTIVE STUDYING

As we come into a time in our school calendar when many grades are preparing for exams, it is a good time to revisit effective study techniques. The earlier in their school life that a student can establish study techniques and routines that work well for them, the less likely they are to suffer from excessive stress levels during exam periods which impacts wellbeing and decreases academic achievement. It is important to keep in mind that naturally stress levels arise during challenging periods of life, such as exams, so that we are able to become more motivated and focused than usual. Harnessing this positive stress and using effective study habits will give a student the best opportunity for achieving in the exam, adding to their sense of achievement and personal satisfaction.

These tips have been adapted from the many articles available free on <http://au.reachout.com/wellbeing/school-uni-and-study/exams-and-study-stress>.

### Study habits

**Study area** - Having a good study area can make a huge difference to how well you learn. Study in a well lit, quiet area, away from noises and people in the house. A lot of students have found Penrith library to be a good venue for some focused study, or a place to meet and collaborate with other students.

**Make sure your desk is tidy and organised** – This means you can concentrate on studying and learning, not trying to find information, but don't let tidying turn into procrastination.

**Find out about the exam** – Find out what format the exam will take and how much time you have i.e. are the questions in essay, short answer or multiple choice format? Also it is helpful to know what proportion of your total mark it is worth.

**To do lists** - Make a to do list before each study session. Breaking tasks down into small, manageable tasks will make it less overwhelming. Cross them off as you go for a healthy sense of achievement.

**Past exam papers** - Access past exam papers if you can. They can be a useful insight into what your exam will be like and can also provide a guide for what you know and the areas in which you need help. If possible, practise some under exam conditions and get your teacher to mark them so that you learn time management and gain feedback.

**Study groups** - Forming a study group can be a helpful way to revise your notes and work through past exam questions (it can also help you feel supported, keep you motivated and focused). If you have questions about your work, a study group may be a good place to have them answered. It is also a very effective study technique to 'teach' another person.

**Switch the phone or notifications off** - If you find that you are being distracted by your phone or notifications, it might help to put your phone onto flight mode. You can always get back to people later.

**Wallpaper** - Write down key concepts you have to learn on small sheets of paper followed by examples of how they are used. Post these sheets around your house, e.g. - your bedroom wall, on the toilet door, phone wallpaper. It helps with remembering things like equations, quotes and foreign languages.

**Ask lots of questions of your teachers or tutor** - Asking questions doesn't mean you're not smart – using your teachers experience and knowledge will help you perform better and clarify content that you're uncertain of. Don't be put off if you have to do this more than once.

**Know your preferred learning style** - Some people work better using text based memory tools, like acronyms. Other people find more visual tools more useful, for example, mind maps or tree diagrams.

**Take regular breaks** - Getting up, moving around and away from your desk at least every 50 minutes for 10 minutes helps you concentrate and learn better.

**Revise and learn (don't just re-read)** - Sometimes reading through notes doesn't result in learning or understanding.

Include the following in revising each topic:

- vocabulary, technical terms, definitions
- summaries of points
- formulae, rules, diagrams, charts
- ability to understand relationships between concepts



Then do practice papers and essays to practise compiling your knowledge to answer questions similar to what will appear in the exam

### Time management

**Avoid procrastination** - Procrastination is when you do everything else but the task you need to do. It is normal to procrastinate a little. However too much procrastination can just add to your stress and can result in you not giving yourself enough time to prepare. Managing your time and setting realistic goals for each study session can be helpful ways to avoid procrastinating and make tasks seem less overwhelming.

**Make a study timetable** – Write down all the things you need to do each day of the week, and how long you need for each, including time for enough sleep, relaxation, and exercise. Find out the date of each exam and work out a study timetable leading up to them. This can give you some direction and help you focus on what to study each week or day.

**Use your study breaks (senior students)** - Studying in the school library during your study periods gives you access to lots of information available on the reference shelves. It also keeps you focused and helps you to make good use of your time.

*Mrs Jessica Austin - School Counsellor*

## BSTREET SMART

On Wednesday 26th August, the Year 10 students of Caroline Chisholm and the PDHPE teachers attended the BStreetSmart Youth Road Trauma Forum at Allphones Arena. This was a presentation exploring the detrimental consequences of dangerous road use, which was presented by a number of police officers, ambulance workers, fire fighters and people from the brain injury unit through a reenactment of a serious road crash.



The message of road safety was strongly expressed by explicitly showing the whole scenario in real life details. The presentation was really confronting as it vividly showed injuries that occur after a car accident and ran through the immediate emergency responses and the intense hospital procedures that occur after a car accident. We were then addressed by crash survivors retelling their personal experiences and providing advice for teenagers as they begin to drive. This included comments like, when driving be on alert, wear all required safety gear and don't leave anything to chance, and prevent everything possible such as drivers fatigue. During our break, stalls were set up by emergency services including the police, ambulance and emergency unit nurses, where we could gain information and interact with their equipment to gain a better understanding.

By attending this presentation it provided us with a reality check, opening our eyes to dangers and effects we have all been so oblivious to. All in all, the BStreetSmart presentation was a very valuable experience to all students regardless of whether they currently drive or not.

*Rachel Bartolo – Year 10 Student*



## YEAR 7'S SCIENCE INCURSION

On Wednesday 22nd July, Year 7 had a science incursion. Mr Stimpson, a zoologist and biologist, was a guest speaker who came to the school, sharing his love and passion for the bush and its natural, beautiful creatures. With him he brought many different animals and species, ranging from frogs and lizards to tawny frogmouths and explained them as we all had a feel of their skin. He told us that children and adults these days are too focused on technology to think about the animals and saving them from extinction. So it is up to us to step up and have a voice for the animals, so that generations to come will have the same opportunity as you to experience these natural beauties.

The animals he showed us had all different types of skin. For example, the tawny frogmouth had a soft furry feel and the goanna had a scaly papery feel. One of the stories he told us, was that his neighbour is one of those people who have their garden very clean with no bush and no mess so, since Mr Stimpson has a very bushy backyard, the neighbour often says that he has a lot of 'firewood' to burn. This upsets Mr Stimpson and makes him angry because he often says that animals are going extinct because there is no home for them to live in, and his bushy backyard is a home and habitat for them so therefore, it is not 'firewood' at all.

In conclusion, Year 7 had a great day and a great incursion, learning a lot about the science of animals, their habitats and learning about their different characteristics and their survival skills. Did you know that a goanna could go one whole year without food, due to their ectothermic nature slowing down their digestion, the sun providing them with 'solar powered' energy? Well, Mr Stimpson did and we were very privileged to have him as a guest speaker and for the opportunity for him to share his experience, knowledge, advice, passion and love for animals.

*Mrs Bozena Kozlowski - Science Teacher*

## VISUAL ARTS TEACHERS FROM JOSHIBA HIGH SCHOOL TOKYO VISIT CAROLINE CHISHOLM COLLEGE

Teachers from Joshibi High School of Art and Design, Tokyo visited Caroline Chisholm College last Thursday. Ms Keiko Sano and Ms Mayumi Sakata teach at the specialist Visual Arts high school and were looking to make connections with Australian schools. They had selected Caroline Chisholm College as a school with strong interest and achievement in Visual Arts.

During the visit, Year 12 students **Alana Thomas**, **Sarah Toan** and **Kristy Tebbutt** showed them their finished Bodies of Works, which included ceramic forms, drawing and printmaking. Year 10 students met the Japanese delegation and discussed their ceramic works, which are based in the site and collection at Penrith Regional Gallery. The Japanese teachers were able to see the ways that students had chosen to interpret aspects of the garden or the work of Margo and Gerald Lewers in their artmaking. Year 10 students, **Tia Madden** and **Lillian Neal**, who will be representing Penrith City Council on an exchange program to Japan, greeted the visitors in Japanese and spoke to the visitors about the ways they had interpreted the gallery site in their current Ceramic works for Visual Arts. They also visited a Year 7 Japanese class and watched as they rehearsed role plays in which they were ordering Japanese food.



Following their morning at the College, the group visited Penrith Regional Gallery & The Lewers Bequest. At the gallery, Director, Dr Lee Anne Hall, spoke about significant works from the Robin Gurr collection of Aboriginal artworks. The group also toured behind the scenes in the gallery's collection of works to see more works in this collection as well as works by the original owners, Gerald and Margo Lewers in Ancher House.

Joshibi High School has invited students from Caroline Chisholm to send artworks to participate in an exhibition in Tokyo in September.

*Mrs Karen King - Leader of Learning Creative Arts*



# *Leaders' Commissioning Mass*





# Literature Dress Up Day



### **GOSPEL CONCERT "SPIRIT OF JOY" 5TH SEPTEMBER**

Gospel Concert 'Spirit of Joy' is presented in association with the Sydney Sacred Music Festival <http://www.sydneySacredMusicFestival.org/program/>. From 3pm-5.30pm at Mount Schoenstatt Spirituality Centre. It aims to bring together people of all religious traditions to feel the joy of God, through spiritually uplifting/upbeat music and song. Tickets: \$12 adults, \$8 school-age children, \$35 family – two adults with up to four school-age children, children under five free. Bookings <http://www.trybooking.com/144537> For further information please contact Ann-Maree Timmings tel (02) 4773 8338 ext 236 or send an email to [manager@schoenstatt.org.au](mailto:manager@schoenstatt.org.au)

### **"Silencio" – A silent retreat for Young Men and Women 11<sup>th</sup> - 13<sup>th</sup> September**

From 7pm Friday 11<sup>th</sup> to 3pm Sunday 13<sup>th</sup> at Mount Schoenstatt Spirituality Centre, Mulgoa.

Cost: Earlybird Rego by 1/9: \$160 Students, \$180 Employed. Rego after 1/9: \$180 Students, \$200 Employed – Includes: accommodation, all meals and morning and afternoon tea (Saturday Breakfast through to Sunday Afternoon Tea).

Registration Essential – email: Sr M Julie [juliebrcar@gmail.com](mailto:juliebrcar@gmail.com) or phone: 02 4773 8338

### **Women's Retreat Day "Discover your inner Beauty" 12<sup>th</sup> September (Option to include 13<sup>th</sup> Sept)**

From 9.30 am to 4.00 pm at Mount Schoenstatt Spirituality Centre, Mulgoa

Day Only \$25 (includes morning and afternoon tea) BYO Lunch.

Optional overnight stay to Sunday + \$80 - Includes dinner Saturday evening and breakfast, morning tea & lunch on Sunday. Further input on Sunday morning.

Registration Essential - email: [info@schoenstatt.org.au](mailto:info@schoenstatt.org.au) or phone: 02 4773 8338

### **Grace & Silence – Silent Retreat Days for Young Women (17 to 30) Saturday 19<sup>th</sup> September & Saturday 24<sup>th</sup> October**

Are you a young woman aged 17 to 30 contemplating your vocation? Why not consider taking some time out at Mount Schoenstatt to discern your vocation to Marriage & Family, Single or Consecrated Life? The day unfolds with an input followed by personal prayer in an atmosphere of silence. Eucharistic adoration is available all day and the retreat concludes with group prayer.

Open your soul and allow God to speak to you heart.

From 9.30 am to 4.30 pm at Mount Schoenstatt Spirituality Centre, Mulgoa

Cost \$30/day-includes morning tea, lunch, afternoon tea & materials.

Registration Essential – email: Sr M Julie - [juliebrcar@gmail.com](mailto:juliebrcar@gmail.com) or phone: 02 4773 8338

### **Discover Retreat – for young women (18-35) Friday 9<sup>th</sup> to Sunday 11<sup>th</sup> October**

A self-knowledge weekend on identity and personality, dignity, womanhood, personal ideal, vocation and mission.

From 7.30pm Friday to 5pm Sunday at Mount Schoenstatt Spirituality Centre, Mulgoa

Price: Student: \$200 Employed: \$220 sponsorships available. Price includes materials, accommodation and all meals including morning and afternoon tea (From breakfast Saturday to afternoon tea on Sunday)

Registration Essential – email: Sr M Julie - [juliebrcar@gmail.com](mailto:juliebrcar@gmail.com) or phone: 02 4773 8338

### **Time for Us – A weekend for Young Couples and Families – Friday 16<sup>th</sup> to Sunday 18<sup>th</sup> October**

On-going formation and development is necessary in many aspects of our lives. Do we apply this to our marriage and family? Are we journeying with other families? 'Time for us' is an initiative of the International Schoenstatt Movement that allows young couples and families to share faith, life and experiences which foster a more dynamic way of living in a tranquil atmosphere. We invite you to join us for this wonderful and unique opportunity!

Where: Mount Schoenstatt Retreat Centre – 230 Fairlight Road Mulgoa. Mount Schoenstatt is a 'place of grace' set in lower Blue Mountains on 50 acres of bushland

When: 6pm Friday 16 October – 6pm Sunday 18 October (incl. dinner)

Investment: \$250 per couple, \$50 per child 3+ yrs and free for children under 3 (includes all meals, linen, activities & accommodation). Sponsorships are available.

Includes: Input and discussion time for couples, Quality family time and games, Fellowship with other families, Programme for children and baby-sitting, Prayer, reflection and Holy Mass, Families have individual rooms with ensuite.

Registration Essential as there are limited places email: [info@schoenstatt.org.au](mailto:info@schoenstatt.org.au) or 02 4773 8338.