



CAROLINE CHISHOLM COLLEGE NEWSLETTER

Term 1 Week 7 Issue 3 2016



Faith Courage Tolerance

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FROM THE PRINCIPAL

Dear Parents, Friends, Staff and Students of Caroline Chisholm College,

We are about half way through Lent, and at our assembly last week I asked the students if Lent had made any difference in their lives yet. I reminded them that this is a time to check our priorities, and to check whether we are giving our time and our treasure to those things which build people up, and which bring us closer to being the sort of people God wishes us to be. As Jesus said, "Where is your treasure? For there your heart will be also." That is the heart of the Easter journey. As we look towards the events which shaped everything about who we are as Christians, we are challenged to sharpen our focus, to remind ourselves that people are made to be loved and things are made to be used, not the other way around. At Caroline Chisholm College, we are blessed to have the example of Caroline Chisholm to guide us and keep us true to our mission. Our school values are the signposts for our life and work: **faith, courage, tolerance, compassion, dignity and justice**. These are not just nice ideas, but they are lived in the daily work of the school. For example, last week we sent \$1000 to Caritas in Fiji to support them in the aftermath of the cyclone. Sending this money, which raised on Caroline Chisholm Day, is one way that we live out the corporal acts of mercy to which we are called. With four weeks of Lent left, we will continue to remind ourselves that we are people of service, and we reach out in solidarity to all those in need, both within and beyond this community.



I have been delighted to visit many of your daughters' classes in my first term here. It is a shame that parents don't get to see much of the College at work. I think you would be struck by the warmth and energy evident in our classrooms, and by the open and trusting relationships between students and teachers. It reminds me that learning does not have to be a labour, or a chore. In an environment such as ours learning is fun and often exciting. I was with a Year 7 Science class as Miss White tested their ability to light a Bunsen Burner so that they could receive their Bunsen Burner License! They each passed (thank God!) and were awarded a small, laminated license that Miss White had prepared for them. The girls were excited and so obviously enjoying their learning. Of course it is hard work at times, but the students are blessed to be learning in a college and with teachers that value their success so highly. As Einstein said "Creativity is intelligence having fun" - which explains why there is so much creativity at Caroline Chisholm College. Class time is where students get to engage with their teacher and with each other to develop deep understanding and to test their thinking in dialogue with their classmates and their teacher.

In order to create even more class time to allow such a deep level of learning to take place, many Year 11 and 12 classes will be moving to 'Homework First' - a system which will require the students to complete preparatory work at home prior to the lesson, rather than doing review after the lesson. The preparatory work will often take the form of watching a video prepared by the teacher about the upcoming topic and answering a few questions to check their understanding. Upon entering the class, the students will have already had a chance to engage with the topic so they are ready to learn at a deeper level. The teacher will also have an idea about who is being challenged by the work so that she or he can provide assistance in the classroom.

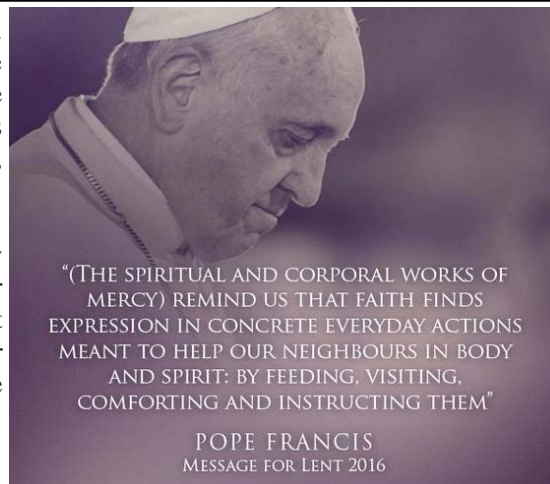


Homework, especially for senior students, is a very important part of developing a learning culture. Balancing other commitments, in order to make time for homework is simply the reality of preparing for success in the HSC and in life. Good habits developed from Year 7 will ensure that, by the time a student reaches Year 11, they are accustomed to working consistently so that they can experience personal excellence.

Our students have already excelled in a number of competitions recently. Congratulations to our basketball teams! Our juniors and seniors won the recent PDSSSC Basketball competition, and our intermediate team were runners-up. **Mireille Tamer** from Year 12 also made it to the semi-finals of the CSDA Public Speaking Competition on Friday Night. Well done, Mireille.

It is enrolment season, and on Monday 7 March we welcomed many hundreds of visitors to the College, looking for a school for their daughter. The evening was a marvellous showcase of life and learning at the College. I am sure our guests were impressed by the genuine love our students have for this place. Thank you to all involved in preparing for the night.

Mr Greg Elliott
Principal



FROM THE ASSISTANT PRINCIPAL



Rotary Exchange Program

The Rotary Youth Exchange Program is arranged by Rotary Clubs for young people to experience education overseas in a wide range of countries. This program is recognised as the best program for students based on safety, cost and benefits. Rotary are currently seeking students in Years 9, 10 or 11 who are interested in a 12 month exchange starting in January 2017. Applications close on 30 April. For more information, including details of an information night on Wednesday 30 March, go to www.rotaryyouthexchange.net.au.

Delivery of food to school

I request that parents not drop off fast food to students and their friends at lunch time. If a student has forgotten a lunch, it is fine to drop off a prepared lunch (sandwich etc). Alternatively, they can buy lunch from the canteen. If they have forgotten lunch and have no money, they can see their Year Leader who will arrange for a sandwich to be provided on credit.

No entry to the bus bay in the morning or afternoon

Below is detailed information about dropping students off at school. I would, though, like to emphasise the point that parents are not to enter the school bus bay area in the morning to drop off students. School buses use that area all morning. Please use the drop-off zone outside the school. In regards to the drop-off zone, I would ask parents using it to move as far up to the western (exit) gate as possible before dropping off their daughter, even if this requires the student walking 30 metres back to the gate. There can be a very quick bank up back to the roundabout even in the short time it takes a student to get out of a car when cars stop just past the eastern (entrance) gate when there is nothing in front.

Wearing of blazers

Parents and students are reminded of the uniform requirements regarding what to wear to and from school on cooler days. At any time of the year, this must be a school blazer, not a jumper or Year 12 cardigan (or a sports jacket, which is only worn on Wednesday, with sports uniform). In Terms 1 and 4 wearing the blazer is optional, to be worn if the weather is cooler. From the start of Term 2 (unless informed otherwise because of unseasonable hot weather) until at or near the end of Term 3 it will be compulsory for blazers to be worn to and from the college. If students have not yet ordered school blazers this should be done as soon as possible. Uniform shop opening hours are Tuesday 8.00 am to 11.30 am.

Parent/Student Contact During the Day

Parents are reminded not to contact students directly by mobile, other than for simple domestic arrangements. In situations of illness or serious information that might impact on a student emotionally, it is important that this information goes through the channels at school. It is important for our capacity to carry out our duty of care to our students to be aware of illness or potentially upsetting situations. We continue to find students coming down to the office because arrangements to leave school have been made directly and on the spot between parents and students. Students who need to leave school unexpectedly through illness or the like need to go to the front office for the school to make contact with parents. When it is known a student needs to leave school early, please send a note to the school to be given to the student's homeroom teacher. You will see below that this is a college policy which is part of today's annual reminder of various college policies. Your co-operation in doing this will be appreciated and help us care for students better.

“Doing the Right Thing Awards”

Students who help with clean up and litter are eligible for a “Doing the Right Thing Award”. Congratulations to **Kailah Stapleton** (7 Kenny), **Olivia Hooker** (8 MacKillop), **Lilly Beckhaus** (9 Jackson) and **Shannon Bailie** (9 MacKillop) who receive vouchers for the canteen for being the students drawn from the box. All students who put in award slips will have points credited to their house.

College Policies

From time to time we will highlight in the newsletter aspects of college policies which we are required to remind parents of. Today we will highlight:

1 Supervision and dropping off and picking up students

Caroline Chisholm College provides supervision of students in designated areas in the playground from 8.00 am in the morning, through recess and lunch breaks and until 3.00 pm. From 3.00 pm to 3.15 pm, supervision is provided at the front of the school only for the last scheduled buses.

Parents are to use the drop-off zone outside the college in accordance with the signage. No cars, other than staff cars, are to enter or leave the school grounds between 8.00 and 8.25 am. Please note that the No Stopping signs between the driveways means you cannot even stop momentarily to let a student out. You may be booked for stopping at all. No cars are to enter or leave the school grounds between 2.40 pm and 3.00 pm.

Students walking home and crossing to the north side of The Lakes Drive are to do so at the pedestrian crossing outside the college.

Students needing to leave school early must have a note signed by a parent and presented to the homeroom teacher in the morning for signing. They will be met and signed out by a parent or authorised person at the appointed time. Students who become ill during the day are to have their diary signed by a teacher before proceeding to the student office and being admitted to sick bay. An office staff member will contact the student’s parent/carer and arrange for the student to be taken home. Students are not to phone parents directly to arrange for collection when sick.

2 Corporal Punishment

Any form of corporal punishment is explicitly and without reservation banned as part of any student management at the college.

3 Procedural Fairness

Caroline Chisholm College is committed to ensuring procedural fairness in all situations. Procedural fairness refers to what are sometimes described as the ‘hearing rule’ and the ‘right to an unbiased decision’.

The ‘hearing rule’ includes the right of the person against whom an allegation has been made to:

- know the allegations related to a specific matter and any other information which
- will be taken into account in considering the matter
- know the process by which the matter will be considered
- respond to the allegations
- know how to seek a review of the decision made in response to the allegations.

The ‘right to an unbiased decision’ includes the right to:

- impartiality in an investigation and decision-making
- an absence of bias by a decision-maker.

Procedural fairness includes making available to students and parents or caregivers the policies and procedures under which disciplinary action is taken. At Caroline Chisholm College, these policies are contained in the Student Diary, Information Handbooks issued to students and their parents/carers and on the college website.

Mr Greg King - Assistant Principal



FROM THE LEADER OF RELIGIOUS EDUCATION

Why we do the things we do here at the College continued?

Social Justice

Students are also called to show “Mercy Without Limits” throughout Lent in their almsgiving and treatment of one another. Homerooms from Year 7-9 are continuing to organise and run initiatives to support Caritas through Project Compassion which this year has the theme “Leaning More, Creating Change”.

This week and next week the Social Justice committee are highlighting the Catholic Social Teachings **”The Dignity of the Human Person”** and **“The Common Good”**. These are two of the teachings developed by the Catholic Church on matters of social justice, involving issues of poverty and wealth, economics, social organization and the role of the state. It explains why we raise money for those in areas of the world and within Australia who don’t have an equal share in the resources or economic success found in many affluent communities.

The Dignity of the Human Person refers the concept of dignity and how it is upheld for ALL people independent of ethnicity, creed, gender, sexuality, age or ability: it is the foundation of Catholic Social Teaching. No human being should have their dignity or freedom compromised. Poverty, hunger, oppression and injustice make it impossible to live a life commensurate with this dignity. People should never be treated as commodities nor as mere recipients of aid.

The Common Good looks at what makes a ‘true community’? The common good is reached when we work together to improve the wellbeing of people in our society and the wider world. The rights of the individual to personal possessions and community resources must be balanced with the needs of the disadvantaged and dispossessed. Priority should be given to development programs which involve collaboration with all relevant sectors of the community to promote the common good.

I encourage all girls to participate in these homeroom initiatives and to walk in Caroline’s footsteps by being generous with their time and with their fundraising.

Emergency Relief

As part of our ongoing commitment to social the College recently donated \$1000 to the emergency relief efforts of Caritas as they work to assist the people of Fiji whose communities were so devastated by the recent cyclone. I ask that you all continue to pray for the people of Fiji.

Hail Holy Queen

As part of the Year of Mercy classes have been learning the prayer ‘Hail Holy Queen.’

The Hail Holy Queen Prayer is nearly 500 years old. The author is thought of to be a monk named Blessed Hermann. Second only to the Hail Mary Prayer, this is the most popular prayer directed toward Mary. When praying this prayer you ask Mary for her help in all your needs. No one's life is perfect or always happy. We are all searching for peace. The phrase, "banished children of Eve," refers to this fact. Mary was a real person who understands your problems. There are times in your life when you are afflicted with disappointments, heartbreaks, and illnesses. These are known as "the vale of tears." Mary was a real person who understands your problems. As you learn while meditating on the mysteries of the Rosary, she experienced joys and sorrows as you do. You can turn to her during these times of trial in your life. She will help you find peace amidst your worries. She is our "most gracious" mother. Because we are Jesus' brothers and sisters we too are Mary's children. He gave her to you and me when He was on the cross as it is written in John 19:26-27 “Woman, behold thy son. After that, he said to the disciple: “Behold thy mother.” Like a good mother, she longs to protect and rescue you, her child ... she is always kind and loving even when you feel like you don't deserve it. And that is exactly what you are asking her to do when you pray "turn thine eyes of mercy towards us". You can confidently refer to her as queen in this prayer because of her relationship with her Son Jesus, Who is Christ the King. This beautiful prayer will give you confidence to turn to Mary in all the struggles life throws you. And when you find this confidence, you will live a much more peaceful life knowing that you have someone bringing your worries to God on your behalf. You will truly learn to let go and find peace in your life. <http://www.how-to-pray-the-rosary-everyday.com/index.html>

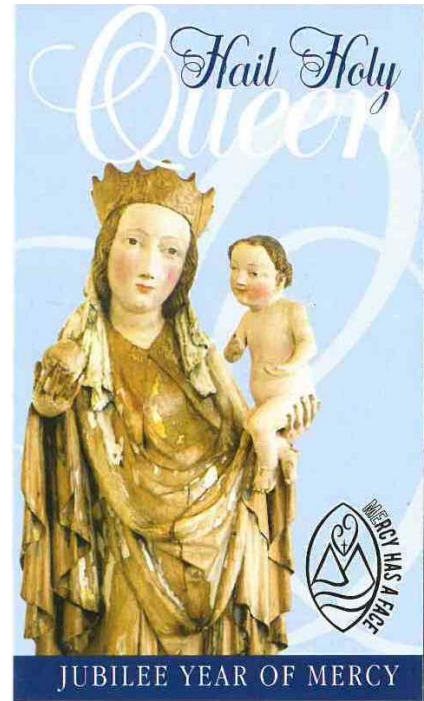
Here is the words from this prayer:

Hail, holy Queen,
Mother of mercy,
hail, our life, our sweetness and our hope.
To thee do we cry, poor banished children of Eve:

To thee do we send up our sighs,
mourning and weeping in this vale of tears.

Turn then, most gracious Advocate,
thine eyes of mercy toward us,
and after this our exile,
show unto us the blessed fruit of thy womb, Jesus,

O merciful, (clement)
O loving,
O sweet Virgin Mary!
Amen.



Ms Bernadette Murray - Leader of Religious Education



FROM THE LEADER OF INNOVATION & LEARNING

Open Night 2016

On Monday evening we once again opened the doors to our college to share the wonderful array of learning experiences and spaces available with our wider community. It was amazing speaking to so many new and current families and seeing the sense of excitement in the eyes of potential new students for 2017.

During the evening our visitors had the opportunity to experience first-hand what our students experience in their classes every day across all key learning areas. Tours were led by our Year 7 students and student leaders to help give our visitors a true glimpse of life at Caroline Chisholm College.

A huge thank you to all of our staff and students for the enthusiasm and energy exhibited on the night and for giving our visitors a taste of the challenging and exciting learning on offer at CCC everyday.



Year 12 Half Yearly Exams

The first exam period for our Year 12 students begins next Thursday 17 March. Exam notification sheets for all courses have now been made available via Google Classroom, Drive or Moodle as the girls plan and prepare for these exams.

In the lead up to the exams, here are a few reminders about some of the procedures that we need to follow to ensure all exams run smoothly:

- If your daughter is absent for an exam it is important that the school is notified immediately by phone and a message left for **Miss White, Year 12 Leader of Learning**.
- Upon return, an **Assessment Appeal Form (Year 9-12)** must be submitted with a Doctor's Certificate if sick, or other evidence for misadventure. This form can be found on the College Website Home Page under "**Assessment Information**".
- Mobile phones or any other technological devices are not to be brought into the exam rooms or outside the exam rooms. If your daughter brings her mobile or any other device, it must be secured in her locker for the duration of the exam.
- All students must bring their own equipment in a clear plastic sleeve for each examination.

In preparation for the Half Yearly Examination block it is important for all students to plan and study for each exam equally and to use their school study periods efficiently.

Below are some tips to help students best maximise their study in the lead up to exams:

Study Timetable – Carefully plan out your study sessions. Organise an equal amount of time for each subject by creating a manageable and realistic study timetable. For each study session, set a clear goal outlining what you want to achieve.

Study Space – Organise a space in your house or room where you will do nothing else but study. Make the area clean, well lit and comfortable.

Study Notes – Use the syllabus checklist and outcomes for each subject to organise effective study notes. Break down information from chapters, class notes and other resources into small, memorable statements that can be easily and regularly revised. Using acronyms is a good way to remember key formulas, concepts and theories.

Seek Feedback – Teachers will often set past papers and questions for you to complete. Do these! Take advantage of these opportunities as your teachers can provide you with important feedback that can help improve your responses. When feedback is provided, take it on board and apply it so you don't make the same mistakes again. Take on board feedback that has been given in class, both verbal and written, and apply this to your studies. Peer feedback is also very helpful and valuable.

Rest Breaks – If you are feeling tired, take a break. You will absorb much more information if you take a ten minute break each hour.

Sleep – This is of vital importance, particularly the night before an exam. Do not sacrifice sleep for study – a good night's sleep will allow you to perform your best.

We wish all our Year 12 learners the very best in their preparation for these exams.

Mr Stephen Casni - Leader of Innovation & Learning



WEBSITES FOR PARENTS OF TEENAGERS

I was recently sent a link to a website that I wished to share with the parents of the Caroline Chisholm College community as it was too good a resource not to.

The Kids are Alright is an Australian website dedicated solely to parents of teenagers that could become a highly accessed online bookmark for many families. The website offers assistance navigating the challenges and joys of raising teenagers through information on a wide variety of topics, articles, and a supportive online community where parents can access and share advice.

The information is grouped under seven different topics:

Parenting – articles include '[Teenagers – independence versus boundaries](#)', '[Getting teenagers to read in the digital age](#)' and '[The Importance of Belonging](#)'

Health and Wellbeing – articles include '[Teen idol – when does a celebrity crush become an obsession](#)', and '[Talking to kids about alcohol and drugs](#)'

Relationships – articles include '[Breaking up is hard to do, especially for teenagers](#)' and '[Teen sexting and the law](#)'

Drugs and alcohol – articles include '[What to ask parents hosting a party](#)' and '[Spirits and young people](#)'

Technology – articles include '[Aussie software helping teenagers get more out of their screentime](#)' and '[How technology will change how we parent – for the better](#)'

School – articles include '[Getting motivated for senior high school years](#)' and '[Talking with your teen about their future](#)'

Outside of school – articles include '[Pocket money for teenagers](#)' and '[How to write a stand out resume for teenagers](#)'

The Kids are Alright website: <http://www.thekidsareallright.com.au/>

Another two great Australian websites with a plethora of information for parents of teenagers that should be bookmarked are <http://raisingchildren.net.au/> and <http://andrewfuller.com.au/free-resources/#parents>

Mrs Jessica Austin - School Counsellor



CAREERS: HOW MUCH PAID WORK SHOULD YOUR DAUGHTER DO?

Research has been done on hours worked by HSC students and their results. The evidence is very clear and it is that working more than 14 hours a week has an enormous negative effect on girls HSC results. The results are different for boys, who do much worse on average in the HSC than girls, but are less affected by work hours

Nationally 56% of Year 12 students work. We are currently surveying Caroline Chisholm College to find out our statistics on work.

Research found that girls who worked intensively (over 14 hours per week) in Year 12 reduced their chance of securing a university position by 21 percentage points.

How many hours does your daughter work per week?

Mr Marc Petit - Careers

PDSSSC BASKETBALL 2016

Congratulations to the three teams who competed on Monday 29th February at the PDSSSC carnival.

Junior Basketball Team

Holly Chapman	Hayley Faber	Tahlia Rando
Zoe Cona	Laura Patterson	Isabella Samoluk
Kate Charleton	Alyssa Procter	Lauren Wolsey



Congratulations to the Caroline Chisholm College Junior Basketball team on winning the PDSSSC Gala Day. The team remained undefeated throughout the competition including round results wins against: Delaney (47 - 5), St Clare's (30 - 4), St Michaels (41 - 2) and OLMC (12 - 6).

In the Grand final the girls played strong defence to limit Nagle's scoring opportunities and recorded a solid win 24 - 7. All players accounted themselves well on the court with great enthusiasm and sportsmanship.

Special thanks to **Hayley Faber** and **Lauren Wolsey** who were co-captains on the day. Furthermore, to **Mr Faber** for assisting with bench duties and the number of parents/family members who supported the team throughout the competition.

Intermediate Basketball Team

Ella Berryman	Corrin King	Brook Oberman
Chloe Cunningham	Delia Leota	Georgia Waters
Jaime Finnie	Danielle Mackay	
Tyra Gae'e	Storm McEwen Gillespie	

The Intermediate team played three pool games, winning all and showing gradual improvement in each game. OLMC won (11-7), St Clare Catholic High School won (14-4), St Mark's won (24-12).

Our last game was the grand final against Gilroy who won all their games in the other pool by an average of 35+ points. They were a very experienced team, and while we again showed improvement, they were too strong for us, eventually winning (43-17). It was encouraging that we were able to score the most points against the strongest team.

Senior Basketball Team

Natalie Achampong	Sian Muller	Danielle Todd
Yar Dhieu	Taylor Oberman	Tiana Watts
Abby Lee	Melanie Or	
Atheen Mapooth	Samantha Roots	



Congratulations to the Senior Basketball team who won the competition. They won all their round games: Delaney (44 - 5), OLMC (22 - 10), St Mark's (20 - 2), Loyola (20 - 6) and went into the Grand final against Gilroy.

Scores were (16-16) at half time and remained close but a strong finish saw the girls win (29- 25).

The girls displayed great sportsmanship throughout the day. With a mix of experienced basketballers and first time players, it was a great achievement.

Mr Damien Mills / Mrs McCauley / Mr Ian Fuller - Basketball Coaches

ALL SCHOOLS TRIATHLON PENRITH

On Thursday 3rd February, 18 students from Caroline Chisholm College competed in the All Schools Triathlon individual and teams' event at the International Regatta Centre, Penrith. Over the two days there were over 2500 students participating from across the state, with many schools showing their strength in the sheer numbers of teams they entered. All the Caroline Chisholm students who participated were exceptionally well behaved and represented the school with great pride. They were competitive and diligent in their individual races and performed to the very best of their abilities over the day.

The school entered six teams. The teams entered were spread across the junior and senior sections. On average competitors had to swim 400 metres, ride 10 kms and run 4 kms.

Our results were as follows –

- Junior teams – 20th, 26th and 27nd in the Catholic Schools category
 - Intermediate teams – 47th and 48th in the Catholic Schools category
- Senior team – Did not participate due to extreme weather ruling

The complete Caroline Chisholm triathlon team was as follows – **Keisha Chilmaid, Monique Quirk, Alyssa Proctor, Laura Patterson, Lauren Wolsey, Alison Gallen, Sarah Blaikie, Megan Cooper, Tayla Gallen, Lila Anderton, Courtney Camenzuli, Abbey Tricot, Georgia Wood, Ashleigh Macerola, Ebene Montgomery, Isabella Bird, Tori Campbell and Melanie Or.**

Thank you to the parents and supporters who attended on the day. I look forward to future successes next year in the 2017 triathlon.

Mr Stephen McIlveen - Sports Co-Ordinator



DIARY DATES

Year 7 Items, Year 8 Items, Year 9 Items, Year 10 Items, Year 11 Items and Year 12 Items, Whole School Items

Thursday 10 Mar	Year 10 Camp	Friday 18 Mar	Year 10 Agriculture & Food Technology
Friday 11 Mar	Year 10 Camp		At Royal Easter Show Excursion
	Year 11 Hospitality Holy Family		PDSSSC Swimming
Wednesday 16 Mar	Year 7 Camp	Monday 21 Mar	Year 12 Examinations
Thursday 17 Mar	Year 7 Camp	Tuesday 22 Mar	Year 12 Examinations
	Year 12 Examinations	Wednesday 23 Mar	Year 12 Examinations
Friday 18 Mar	Year 7 Camp		Year 11 Visual Arts Biennale/Art Express
	Year 12 Examinations		Excursion

THE
UNIFORM
SHOP**UNIFORM SHOP OPEN - WEDNESDAY 6 APRIL**

On Wednesday 6 April 2016 the Uniform Shop will be open for an additional day between the hours of 8.00 - 2.00 pm.

If students have not yet ordered school blazers, tracksuits and jumpers this should be done as soon as possible. Uniform shop opening hours are Tuesday 8.00 am to 11.30 am. Please ring, order and pay ready for Term 2.

Mrs Karen Chester - Uniform Shop Manager



EXPERIENCE JAPAN

JOIN OUR STUDENT EXCHANGE

If you are aged between 15 and 19 and live in and/or attend school within Penrith City you are eligible to be an ambassador for Penrith and have the experience of a lifetime.

The program includes:

- Hosting a Japanese student in July 2016
- Spending 3 weeks in Fujieda during September and October 2016
- Staying with a Japanese family and experiencing the Japanese lifestyle
- Visit shrines and temples
- See Mt Fuji and take an excursion to Hiroshima

Applications for the 2016 Penrith Student Ambassador Program close 4pm on 22 April 2016.

PENRITH
CITY COUNCIL



penrithcity.nsw.gov.au

Information night
Wednesday
16 March 2016
7pm at the Penrith
Civic Centre,
601 High Street,
Penrith.



PENRITH AMBASSADOR PROGRAM 2016

The following are frequently asked questions about the exchange program:

DO I HOST A STUDENT FROM FUJIEDA, JAPAN?

Yes, as part of the cultural exchange program you will host a student in your home, usually in July. You will have the opportunity to communicate with your host brother or sister prior to their arrival.

FUJIEDA - WHERE IS IT?

Fujieda City is located in Shizuoka Prefecture approximately 180km south west of Tokyo and has been Penrith's sister city since 1984.

ACCOMMODATION - WHERE DO I STAY?

Fujieda will organise homestay accommodation for you with your host brother or sister.

LANGUAGE - HOW WILL I COMMUNICATE?

You don't need to be able to speak Japanese. Your host brother or sister will have some understanding of the English language. Many students return from Japan with stories of the fun they had communicating or trying to communicate!

PROUDLY SUPPORTED BY

Penrith International Friendship Committee

PENRITH
CITY COUNCIL



Contact: Penrith City Council
Phone: 4732 7736
Email: kate.hardman@penrith.city
Website: penrithcity.nsw.gov.au

Like us on
Facebook!
Penrith
(PIFC) Student
Exchange



St Vincent de Paul Society

Can you give an hour a week to help someone who is lonely? **Compeer** within the St Vincent de Paul Society matches volunteers in friendship with people living with a mental illness. Your supportive friendship can make a real and long-lasting difference to your

friend's quality of life by reducing the stigma associated with mental illness and providing an opportunity to enjoy social outings together.

Compeer volunteers spend one hour per week for 12 months with their new friend enjoying social activities in your local area (eg catching up over a coffee or taking a walk in the park – you can both decide together what you would like to do each week). No experience necessary as full training and support is provided.

Due to our waiting list for participants in need of a friend, Compeer is currently recruiting male and female volunteers aged 45 years and over. For more information please phone Cathleen on 8622 0303, email compeer@vinnies.org.au or visit www.compeer.org.au

WONDERFUL WORLD WEEKENDS 2016

'Winbourne' Edmund Rice Retreat & Conference Centre
1315 Mulgoa Road, Mulgoa NSW

CLAIM THESE DATES FOR 2016

April 09-10 EARTH

August 13-14 LIFE ON LAND

November 12-13 LIFE IN AIR

All programs commence with Registration at 8.30 am Saturday
and finish at 3.00 pm Sunday

Each course is complete in itself but participants are encouraged to complete all three

AIM To explore the wonder and significance of various aspects of the natural world, to bridge the gap between science and religion, to increase our awareness of the harmony of all creation, and to motivate ourselves to care for it.

PROCESS Presentations, excursions, reading, reflection, journalling, discussion; a broad approach embracing modern science, religion and the arts.

COST PER COURSE To be advised

REGISTRATION Send Registration Forms to Margaret Bourke: email to mabourke@edmundrice.org or post to PO Box 154, Balmain NSW 2041 or phone 02 9810 3922.

Course enquiries Kevin McDonnell cfc: kimcdonnell@edmundrice.org or phone 0419 765 353.

The courses will be run by Kevin McDonnell, Christine Alimane, Tim Murphy and guest speakers. Kevin, a Christian Brother, holds a doctorate in geology and has experience in religious education and biblical studies. Christine has a master's degree in environmental science and Tim is a doctoral student involved in geochemistry and green technology. We are all interested in science and religion.

**EARTH**

Variety of earth materials
Crystals, minerals, rocks and other wonders
Soils on the Australian continent
Earth materials and Aboriginal trade routes
Rocks in the Bible and in Christian tradition
Care for the earth

**LIFE ON LAND**

Web of life on land
Evolution of land-dwelling animals
Marsupials, mammals and Australia's fauna
Relationships between animals and humans
Role of animals in literature and in the Bible
Importance of animals, sustainability and food

**LIFE IN AIR**

Biodiversity in the air
Flight and the evolution of birds
Birds and bird-song in Australia
Birds and Australian Aboriginal culture
Birds in the Bible and in Christian tradition
Conservation of Australian birdlife

WONDERFUL WORLD WEEKENDS 2016

'Winbourne' Edmund Rice Retreat & Conference Centre
1315 Mulgoa Road, Mulgoa NSW

REGISTRATION

Weekend	Course	Apply before
April 09 - 10	EARTH	29 March
August 13 - 14	LIFE ON LAND	02 August
November 12 - 13	LIFE IN AIR	01 November

Please highlight or tick the program(s) for which you are registering

Title & Name	
Postal Address	
Email Address	
Mobile/Phone	
Dietary Requirements	

Send Registration Forms to Margaret Bourke
email to mabourke@edmundrice.org
fax (02) 9810 3033
or post to PO Box 154, Balmain NSW 2041
(02) 9810 3922

Course Enquiries: Kevin McDonnell cfc
0419 765 353 or kimcdonnell@edmundrice.org

PLEASE NOTE Payment details: see next page

METHODS OF PAYMENT**COST PER COURSE \$255 pp**

This includes accommodation for one night, all meals, course costs including the reading pack and excursion costs

DAY ATTENDANCE (including all meals except breakfast) \$190 pp

Cheques Please make cheques payable to 'Trustees of the Christian Brothers' Bring the cheque with you or mail it to:
The Bursar, Edmund Rice Centre, 1315 Mulgoa Road, Mulgoa NSW 2745.

Credit cards Please phone your credit card details through to the Bursar at the Centre on 02 4773 5502 or
Bring your card with you and enter your details on a form that will be available.

Electronic fund transfer details are as follows:

Bank: Commonwealth Bank
BSB: 062-320
Account No: 10391503
Account Name: Trustees of the Christian Brothers
Reference: WW2016[YOUR SURNAME]

Please don't forget to add your surname!