



# CAROLINE CHISHOLM COLLEGE NEWSLETTER

Term 4 Week 6 Issue 18 2016



**Faith Courage Tolerance**

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Caroline Chisholm College

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Glenmore Park NSW 2745



## Padre Pio Parish

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Glenmore Park NSW 2745

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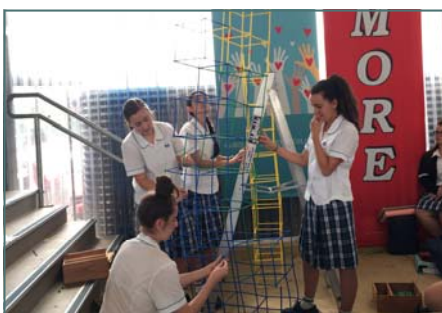
## FROM THE PRINCIPAL

Dear Parents, Friends, Staff and Students of Caroline Chisholm College,

This week we welcomed 192 brand new students for the Year 7 class of 2017. As they walked through the gates, their nervousness and anticipation was so evident. I can only imagine the questions they must have about high school. "Will I make friends? Will I be able to cope with the work? Will I find my way around such a big school?". I can say, with 100% confidence, that the answer to each of these questions is "Yes"! Students, even brand new Year 7 students, manage their school life and they thrive and flourish. The girls spent an exciting day attending classes and meeting their *Connected Learning* teachers and their new Year Leader, Mr Damien Mills. Many of the parents I spoke to gave me the distinct impression that their daughters were managing this transition far better than they were. I spoke to one mother, for whom this was her first child to enter high school, about her hopes and fears. She summed up the experience of all parents, not just of new Year 7 students, but at any stage of school life, when she said "I hope my daughter makes really good friends and really good decisions about her learning". That's what I hope, too. Most importantly, those two things can only be achieved by the student herself. We cannot make friends or decisions for our teenage children. We can guide and encourage and discipline, but they must step out by themselves and decide the type of friend and student they want to be. Of course, we will be there when things go a bit awry, but it is their journey, we merely point the way.

These students we met this morning will graduate in 2022! What will the world be like when these students leave Caroline Chisholm College and enter the world? Seven years ago, the year was 2009. Farmville was the favourite mobile app. Michael Jackson died. Barack Obama was inaugurated as President. The iPhone was up to the 3GS. In 2022 what changes may have taken place that will impact on these students? One thing is certain; their lives will be rich, varied and uncertain as our shared wealth grows but stability seems to diminish. Of all the lessons our students learn, surely the most important is that they learn how to learn so that they can adapt and think deeply and critically about whatever the future holds. Our challenge as a college is to continually evaluate our curriculum to ensure we are giving our students every opportunity to grow and be challenged in relevant, real-world situations. Our assessments should be open and include elements of both choice and uncertainty, so that our students can demonstrate not just their knowledge, but their thinking and their creativity. We are working to reshape our assessment programs so that they become a more powerful tool in the way students learn and the way teachers respond.

Last Friday, **Mr Clerke** and the TAS staff and students hosted our assembly and showcased the wonderful products produced in subjects like Tech, Agriculture, Design and Technology and Textiles. It is that area of our curriculum where all the learning is authentic, all the products are real and practical and where students must solve problems and be creative. My favourite part of the assembly was the parade of animals. Sitting in the front row gave me an excellent position from which to enjoy the sights (and smells) of our furry and feathered friends. Meanwhile, our staff team challenged and defeated our student team in the STEM (Science, Technology, Engineering, Maths) Tower Challenge. In the time available, the teachers were able to build a 3.6m high tower from straws. The students came close, but a last minute collapse saw them come second (out of two teams).





On Monday night, **Danielle Todd** (Year 12) represented the college at the Lions Club Youth of the Year event which promotes young leaders in our community. She had to deliver both a prepared and an impromptu speech as well as sit for a panel interview about community issues. Danielle's speech about family values won the Public Speaking component of the award and we are very proud of her achievement.

I would like to remind you that the College, under the leadership of **Madeline Haydon** (Kenny House Leader) will be walking as a contingent in the Penrith White Ribbon Day walk against family violence. This will take place at 5:30pm on Friday 25 November. We gather at Weir Reserve of Bruce Neal Drive and end at Tench Reserve. You are welcome to join us. Students should wear their sports uniform so that we can be identified on the day.

As the Year of Mercy draws to a close, we give thanks for the many times we have been shown mercy these past twelve months. Let us pray that, even though this special jubilee is over, we will remain committed to being agents of God's mercy to all those we come into contact with, especially those most needing God's healing power.

### O God of Infinite Mercy

Help me, O Lord, that my eyes may be merciful, so that I may never suspect or judge from appearances, but look for what is beautiful in my neighbours' souls and come to their rescue.

Help me, that my ears may be merciful, so that I may give heed to my neighbours' needs and not be indifferent to their pain and suffering.

Help me, O Lord, that my tongue may be merciful, so that I should never speak negatively of my neighbour, but have a word of comfort and forgiveness for all.

Help me, O Lord, that my hands may be merciful and filled with good deeds, so that I may do only good to my neighbours and take upon myself the more difficult tasks.

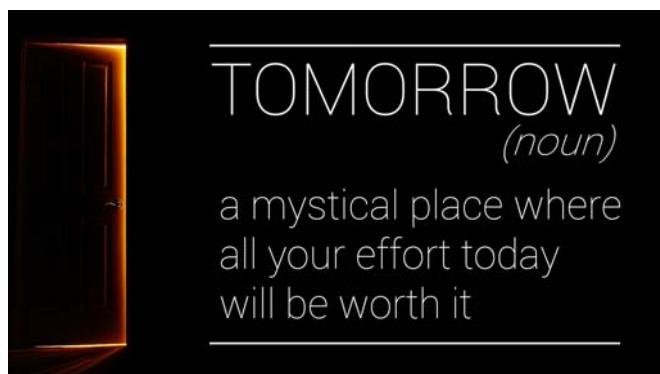
Help me, that my feet may be merciful, so that I may hurry to assist my neighbour, overcoming my own fatigue and weariness.

Help me, O Lord, that my heart may be merciful so that I myself may feel all the sufferings of my neighbour.

I will refuse my heart to no one.

May Your mercy, O Lord, rest upon me.

Amen



**Mr Greg Elliott**  
Principal

### DIARY DATES

Year 7 Items, Year 8 Items, Year 9 Items, Year 10 Items, Year 11 Items and Year 12 Items, Whole School Items

Thursday 17 Nov	<b>Year 11 Presentation Ceremony</b>	Thursday 1 Dec	Thanksgiving Mass - 9.00 am Padre Pio
Friday 18 Nov	<b>Year 12 Formal</b>	Friday 2 Dec	<b>Year 7 Lifesaving Day</b>
Monday 21 Nov	Year 7 (2017) Parents' Orientation meeting 6.30pm		Years 7 & 8 Reports Issued
Tuesday 22 Nov	PDSSSC Girls Softball Trials	Monday 5 Dec	<b>Year 10 Back Off Seminar</b>
Thursday 24 Nov	<b>Year 11 Business Studies IKEA Excursion</b>	Tuesday 6 Dec	Years 9 & 10 Reports Issued
Friday 25 Nov	Year Assemblies		Visual Arts Exhibition Opening - 6.00 pm
	<b>Year 10 Japanese Excursion - Linguafest Screening</b>	Wednesday 7 Dec	Visual Arts Exhibition
	History Mastermind Competition Excursion	Thursday 8 Dec	Years 7 & 9 Presentation Ceremony
	Drama Showcase - 6.30 pm at CCC	Friday 9 Dec	Years 8 & 10 Presentation Ceremony
Monday 28 Nov	<b>Year 10 Science Australian Museum Excursion</b>	Monday 12 Dec	Peer Support Training
	HSC Captivate Music Day	Tuesday 13 Dec	Peer Support Training



## FROM THE ASSISTANT PRINCIPAL

### College Policies

From time to time we will highlight in the newsletter aspects of college policies which we are required to remind parents of. Today I would like to draw your attention to:

#### 1. Supervision and dropping off and picking up students

Caroline Chisholm College provides supervision of students in designated areas in the playground from 8.00 am in the morning, through recess and lunch breaks and until 3.00 pm. From 3.00 pm to 3.15 pm, supervision is provided at the front of the school only for the last scheduled buses.

Parents are to use the drop-off zone outside the college in accordance with the signage. Parents using the drop-off zone are asked to move forward to allow cars behind or to move to spaces in front of already stopped cars. Do not park across the driveway entrance. No cars, other than staff cars, are to enter or leave the school grounds between 8.00 and 8.25 am. No cars are to enter or leave the school grounds between 2.40 pm and 3.00 pm.

Students walking home and crossing to the north side of The Lakes Drive are to do so at the pedestrian crossing outside the college.

Students needing to leave school early must have a note signed by a parent and presented to the homeroom teacher in the morning for signing. They will be met and signed out by a parent or authorised person at the appointed time. Students who become ill during the day are to have their diary signed by a teacher before proceeding to the student office and being admitted to sick bay. An office staff member will contact the student's parent/carer and arrange for the student to be taken home. Students are not to phone parents directly to arrange for collection when sick.

#### 2. Corporal Punishment

Any form of corporal punishment is explicitly and without reservation banned as part of any student management at the college.

#### 3. Procedural Fairness

Caroline Chisholm College is committed to ensuring procedural fairness in all situations. Procedural fairness refers to what are sometimes described as the 'hearing rule' and the 'right to an unbiased decision'.

The 'hearing rule' includes the right of the person against whom an allegation has been made to:

- know the allegations related to a specific matter and any other information which
- will be taken into account in considering the matter
- know the process by which the matter will be considered
- respond to the allegations
- know how to seek a review of the decision made in response to the allegations.

The 'right to an unbiased decision' includes the right to:

- impartiality in an investigation and decision-making
- an absence of bias by a decision-maker.

Procedural fairness includes making available to students and parents or caregivers the policies and procedures under which disciplinary action is taken. At Caroline Chisholm College, these policies are contained in the Student Diary, Information Handbooks issued to students and their parents/carers and on the college website.

#### Doing the Right Thing

Congratulations to **Taranpreet Kaur** (7 Macarthur), **Rachel Borg** (8 Jackson), **Claudia Harvey** (9 Jackson) and **Naveena Stephen** (10 Jackson). They have been selected to receive a \$5 canteen voucher for college service.

*Mr Greg King - Assistant Principal*



## FROM THE LEADER OF INNOVATION & LEARNING

### BYOD 2017 Information

For 2017 the college will be continuing with a “**laptop first**” **BYOD program** for our Year 7 students and any new families joining our community. This gives families choice in which device they will purchase for their daughter so that she is comfortable with using this device to support her learning needs.

Information about our **BYOD and Technology program** can be found on the college website or by directly accessing the portal at <http://byod.carolinechisholm.nsw.edu.au/>. This information is designed to help families make informed choices about which device to purchase, e-Textbooks, insurance and other necessary specifications.

There is a **2017 Device Purchase Checklist available** that parents can download to take to stores when purchasing the device to help you make the right decisions and ensure that the device you choose is compatible with our network.

**The key message – purchase any device that meets the minimum specifications. Once again we ask that families do not purchase iPads for 2017.**

Over the course of 2016 students have demonstrated increased confidence in using their devices and have adapted well to the integration of Google Classroom as a learning platform. We believe a BYOD program promotes a sense of **ownership**, allowing our girls to undertake their learning using a device they are comfortable with and which allows them to be creative in how they demonstrate their learning to their teachers and the wider community. Furthermore, the choice in device prepares our girls for the real world environment where there are multiple devices and platforms being used in the workforce.

If you have any questions about our BYOD program, please see the information on our College website or contact our **ICT Manager, Mr Mathew Beatty or myself** if you need any further support. Information for new students entering Year 8-12 in 2017, or those currently enrolled who wish to update their device can also be found on the website.

*Mr Stephen Casni - Leader of Innovation & Learning*

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## STUDENT ACHIEVEMENT

Congratulations to **Mia Gleeson** representing Caroline Chisholm College at the NSW All Schools Athletic Championships. Mia won silver in the under 13s javelin and qualified for the Australian All Schools that will be held in Canberra. Well done Mia.

Congratulations to all of our amazing athletes who received Blues awards at the PDSSSC Awards Presentation, **Tenealle Bijoux, Monique Quirk, Abbey Slaughter and Shaylan Whatman.**



Mia Gleeson



Tenealle Bijoux



Monique Quirk



Abbey Slaughter



Shaylan Whatman



## HANDS ON FUN AND LEARNING THROUGH THE PETTING ZOO AT OUR LADY OF THE ROSARY SCHOOL FETE

Crystal blue skies and gusty winds accompanied the valiant efforts of four Caroline Chisholm Year 9 Agriculture students on the Saturday set up of our petting zoo. We refined our skills in accurately measuring where to place our metal fences to ensure the safety of the animals and the young children. We prayed that the winds would abate by the next day.

At the crack of dawn on Sunday, the ewes, lambs, chickens, rabbits and guinea pig were rounded up to travel to St Marys. While it was hard not to play with the lambs, we disciplined ourselves to assemble our shade and rest areas by setting up three gazebos before tending to their needs and enhancing their cuteness factor.

Once the families arrived the fun started. As WC Fields said "Never work with animals or children" and we worked with both. The quirky interactions with the little kids were funny as we educated them on animal behaviour and how to hold the animals. The interactive photo booth was popular with the kids to memorialise their day at the petting zoo. The management of the zoo went smoothly, where we stuck to our well organised roster of duties throughout the day. The parents gave us positive feedback about how professionally we ran our petting zoo and we received many supportive comments from our Lady of the Rosary Primary School staff members. Overall it was a great experience for us which we can apply for the years to come in Agriculture and our future careers.

*Written by Lily Marmont, Rita Tamer and Jade Ellison*

A big thank you to **Rita Tamer, Casey Douglas-Torrie, Jade Ellison, Elizabeth Rouen, Kate Hannigan, Amie Farrell and Lily Marmont** for their generosity and care in supporting the Primary School fete fundraising.

*Mr Geoff Clerke - Leader of Learning TAS*



**ANNUAL CCD MASS AND AWARDS CEREMONY 2016**

On Friday 21st October, 25 Year 10 Catechists represented Caroline Chisholm College at the **Annual CCD (Confraternity of Christian Doctrine) Mass and Awards Ceremony**, at Padre Pio Parish. This event was aimed at celebrating and recognising the work and dedication shown by all catechists within the Parramatta Diocese. The principal celebrant was the Most Reverend Vincent Long Van Nguyen, Bishop of Parramatta, as well as other priests from within the Parramatta Diocese, who together presented a beautiful Mass with a focus on the values of mercy and service. The selected readings and Gospel emphasised the importance of spreading the message of Jesus to all people and encouraged all to strengthen their faith through prayer.

2016 marks 14 years of our College's involvement in the CCD Catechist Programme, when Veronica Sultana the Parish coordinator (at the time) invited the participation of students in teaching scripture to Primary students at local public schools in Glenmore Park. It was so successful that 16 other Catholic colleges now have their senior students, as SRE (Special Religious Educators) of the CCD Catechist Programme.

Hence, in 2016 in this *Jubilee Year of Mercy*, six Caroline Chisholm College students (**Courtney Aiken** - 10 Gilmore, **Tahnae McLaughlan** - 10 Wright, **Natasha Mills** - 10 Wright, **Jacinta Rastegorac** - 10 Wright, **Abbey Slaughter** - 10 Gilmore, and **Elizabeth Wakeling** - 10 Gilmore) had the privilege of carrying the Mercy Cross into Padre Pio Church, as part of the entrance procession with Veronica and Frank Sultana.

Other students who were involved on the day were **Sally Byun** (10 Wright) and **Jenny Byun** (10 MacKillop) carrying the College banner carriers, while **Katherine Wakeling** (10 Gilmore) and **Shalyan Whatman** (10 Gilmore) received the certificates on behalf of all the Year 10 and Year 11 Caroline Chisholm Catechists. **Mr Sutton, Ms Morley, Mr Casni** and **Ms White** also attended the ceremony. After the Mass all award recipients were invited to stay for refreshments in the hall.

It was incredible to see that such a large number of people were all involved in spreading the Good News. A number of catechists were honoured for reaching significant milestones in their service to the program. It was a great experience for the students to hear the Bishop speak, especially in the ways that he urged for SREs to continually strive to assist others to understand their Catholic faith.

According to the students involved, carrying the Mercy Cross was an experience what was both humbling and spiritually fulfilling. The CCD Mass reminded every student involved, that they were very fortunate to have an opportunity to evangelise and help others know and follow in God's light.



*Written by Jacinta Rastegorac and Claudine Rule - 10 Wright and Mrs Terezel Araya*



## BREAST CANCER REPORT



October is Breast Cancer Awareness Month and during weeks one and three, Wright House were fundraising for the National Breast Cancer Foundation. As women, this is an important time to stop and reflect upon the impact of breast cancer on our friends and family. The National Breast Cancer Foundation is a community funded Australian organization, which raises money for research into the prevention and cure of breast cancer. As stated by the NBCF, "Research is the only way to improve how breast cancer is diagnosed, managed and treated". With 42 Australians diagnosed with breast cancer each day, groundbreaking research funded by the Foundation aspires to achieve zero deaths by 2030.

At our whole school assembly, we had the privilege to listen to Ms Siobhan Coleman speak to us of her brave and inspiring journey in overcoming breast cancer. She reminded Caroline Chisholm girls of our responsibility to undergo regular breast cancer checks through mammograms and ultrasounds.

To support this extremely worthy cause, Wright House held a variety of fundraisers to raise awareness and funds towards lifesaving research. The school was decorated pink, pink ribbons and raffle tickets were sold and a Cake and Candy stall and Nail Salon were held. Students also had the opportunity to write the name of somebody they knew who had been affected by Breast Cancer on a flower to be placed on our Honour and Memorial Board.

We are proud to announce we raised a total of \$1 220!

A big thank you must be paid to all of Wright House who volunteered to sell at recess and lunch times and who made delicious cakes for our stall. A big thanks to **Mrs Hosking** for giving her time to make her fabulous NBCF themed cookies that were very popular! A special thanks for the assistance of 12 Wright and **Mrs Simpson** in donating time and resources to make this event as successful and memorable as possible.



*Written by Elizabeth Azzopardi - Wright House Leader*

## YEAR 7 WILDLIFE INCURSION

During the Year 7 topic of habitats and interactions Year 7s were given the opportunity to visit a wildlife incursion with a man from Australian Wildlife Displays and his name was Anthony Stinson. He taught us about the way that some animals interact with us and their environment, such as ringtail possums, blue tongue lizards, tawny frogmouth, frogs, water dragons, crocodiles and snakes. The frog that Anthony brought (Freddo) was placed on a leaf in a tree, here at school, and he seemed to disappear. This is called camouflage and is the frog's way of hiding from predators. We also learned about the defence techniques used by these animals such as claws and venom. We learned about the climates these animals live in such as rivers, trees and waterbeds. Anthony shared with us some of his personal stories about why he loves animals and why he works at the Australian Wildlife Displays. The lessons that we learned during this process was very influential in our yearly exam as it helped us learn in an interactive environment. Did you know that a tawny frog mouth actually isn't an owl?



*Mrs Leslie Simpson - Leader of Learning Science*

## CAROLINE CHISHOLM'S BLOOD DRIVE

On 2<sup>nd</sup> November, five senior students attended Nepean's Red Cross Blood Donation Centre to generously donate. An average of one in three people require a blood transfusion in their lifetime, but unfortunately, only one in thirty are willing to donate such a precious resource. However, approximately fifty Caroline Chisholm senior students have set out to even these statistics by putting their hand up to donate. Please congratulate our first five students on their participation

- Claire Roberson
- Rachel Bartolo
- Kiarni Denoord
- Monique Ortiz
- Bree Campbell

*Miss Sophie Watt*



## YEAR 7 EXCURSION TO SCULPTURE BY THE SEA

On Wednesday 2<sup>nd</sup> November, the Year 7 cohort, Creative Arts teachers and Mrs Cocks trekked across the headland from Bronte to Bondi to view many spectacular sculptural installations dotted along the way. The backdrop of the crystal clear ocean inspired the quote of the day, "Miss, there is so much water!"

The highlights of the day included climbing over the belly of a large shiny rhino buried in the sand at Tamarama Beach and taking friendship photos framed by the decorative pierced walls of a tiny room situated on the beach. It was a wonderful experience to be able to touch the tactile surfaces of sculptural forms, see kinetic installations moving in the breeze and even climb inside interactive artworks. The long coach journey was well worth the effort and everyone had a favourite artwork to reflect upon on our return.

The girls were impeccably presented and projected a positive image of the school in public. They are to be commended for their enthusiasm and spirit of engagement.

Many thanks to everyone involved in such a successful day.

*Ms Felicity Wood - Creative Arts Teacher*





## KENNY HOUSE INITIATIVE: RAISING AWARENESS ABOUT DOMESTIC VIOLENCE

As its house initiative, Kenny House is raising awareness concerning domestic violence. Our initiative will run in weeks 6 and 7. We are fundraising to support the valuable work of the Penrith Women's Refuge which assists and provides support to victims of domestic abuse.

Among a number of activities and events, on 25th November the White Ribbon Foundation is holding a Twilight River Walk, highlighting the problem of domestic violence against women. With the support of Mr Elliott, we as a college community would like to see many of our students participating. Students who attend the walk are expected to wear their school sports uniform. It is a 3.5km walk along the Nepean River starting from Weir Reserve at 5:30pm to Tench Reserve. I'd love to see many of our students there.

**Madeline Haydon - Kenny House Leader**

## Registration Form

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 P/Code \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Fax: \_\_\_\_\_  
 Email: \_\_\_\_\_  
**Retreat Selected**  
 Title: \_\_\_\_\_  
 Dates: \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Cost: \_\_\_\_\_

Please submit completed Registration form to  
 St Joseph's Centre Baulkham Hills  
 by post, fax or email.

St Joseph's, 64 MacKillop Drive, Baulkham Hills  
 PO Box 7386 Baulkham Hills BC NSW 2153  
 Phone: 02 9634 2317 Fax: 02 9899 4249  
 Email: [frontdesk@stjosephscentre.org.au](mailto:frontdesk@stjosephscentre.org.au)

Cheques payable to the Spirituality Ministry  
 of the Sisters of St Joseph.



**St Josephs Centre  
 Baulkham Hills Sydney NSW**

St Joseph's, 64 MacKillop Drive, Baulkham Hills  
 PO Box 7386 Baulkham Hills BC NSW 2153  
 Phone: 02 9634 2317 Fax: 02 9899 4249  
 Email: [frontdesk@stjosephscentre.org.au](mailto:frontdesk@stjosephscentre.org.au)  
 Website: [www.stjosephscentre.org.au](http://www.stjosephscentre.org.au)

# Be Nurtured and Nourished

## Overview

### WEEKEND RETREATS

ONE OF THESE RETREATS COULD BE THE  
 RIGHT ONE FOR YOU

### Sometimes you need...

*Time out from your day to day life*

*Some new insights,  
 directions and inspiration*

*A break to go within,  
 reconnect with self and Your God*

*Opportunities to immerse yourself  
 in nature*

To look after the whole person, you, we need to  
 consider the mental, emotional, physical  
 and spiritual.

Often the spiritual is through faith based practice  
 or other groups. To truly step forward and allow  
 ourselves the gift of time with self,  
 means to connect within.

These retreats aim to provide spiritually curious and  
 open individuals with an experience of listening to  
 fresh insights, reflection, some creative responses  
 and prayer experiences.

We invite you to give yourself permission to step out  
 of your world and look after you for a change.

## Be Nurtured and Nourished

COSTS - \$325.00 (CAT exempt)

\$357.50 (Inclusive of GST)

\$50 Half days including light lunch

February 17 - 19  
 (Fr) Darryl Mackie

**I have called you by name, you are  
 mine. Is 43:1**

This weekend retreat recognises Jesus' call  
 to find a quiet place. Retreatants will be  
 invited to be attentive to the presence of  
 the sacred in their lives through scripture,  
 reflection and celebration.

February 25  
 Half day  
 10.00am - 2.00pm

**Jesus, His Life this side of the  
 Grave**

A reflection / discussion seminar on the  
 Human Jesus. The focus of this session is  
 to support and enrich one's relationship  
 of faith in Jesus that calls any person to  
 consider just how Jesus handled his life  
 when confronted with the everyday.

May 6  
 Half day  
 10.00am - 2.00pm

Leonard Blahut

**I have called you by name, you are  
 mine. Is 43:1**

This weekend retreat recognises Jesus' call  
 to find a quiet place. Retreatants will be  
 invited to be attentive to the presence of  
 the sacred in their lives through scripture,  
 reflection and celebration.

August 4 - 6  
 Loretta Brinkman

**From the Outside Looking In**

One of the greatest mysteries we have to  
 solve is ourselves: why we are the way we  
 are and what motivates our decisions and  
 our passions. Using the enneagram as a  
 tool this weekend will offer the time to gaze  
 inward and explore the mystery of you,  
 your unique view of the world, the innate  
 fears and beliefs that influence you, and  
 the compulsive behaviours and defence  
 mechanisms that can sometimes inhibit  
 us being compassionate with ourselves  
 and others. No previous knowledge of the  
 Enneagram is needed, simply discover how  
 this ancient teaching can offer you a new  
 lens through which to view and understand  
 your own behaviour and habits and learn a  
 universal growth process that can enhance  
 your ongoing self awareness.

August 8  
 Half day  
 10.00am - 2.00pm

Sr Anne Morrison

**Mary MacKillop's Feastday**

Come along and hear about the story  
 and the spirit of Mary MacKillop. We will  
 have time for input, discussions, reflection  
 and prayer. The reflective nature and  
 the atmosphere of St Joseph's are very  
 conducive to spending a day with Mary  
 MacKillop.



September 1 - 3  
 Loretta Brinkman

**From the Inside Looking Out**

By our very nature as human beings we  
 crave relationship with others, but this  
 can often present us with challenges and  
 frustrations. With an understanding of  
 which we are illuminated through using  
 the Enneagram as a tool, this weekend  
 will then focus on how we can use this  
 understanding of the motivations at play  
 in us all to navigate our relationships  
 with others with compassion. Delving  
 beyond basic personality we will take  
 the time to explore the new sub-type  
 learnings which explore how our own  
 habits and compulsions play out in our  
 intimate relationships, with those who are  
 in our inner circle and how we negotiate  
 our social connections. No previous  
 understanding of the Enneagram is  
 necessary.

September 8 - 10  
 Sue Kane

**The Second Blooming**

"We turn not older with the years, but  
 newer every day." (Emily Dickinson)  
 The spiritual joys and challenges of life's  
 second half - a reflective weekend for those  
 who sense the arrival of the second  
 blooming, as well as those who already  
 know it as a good friend.

October 20 - 22  
 Julie Taylor

**Finding "Heart and Spirit" in your  
 Work**

This weekend will explore the nature of the  
 spirituality of work. We spend a significant  
 percentage of our life time engaged in work  
 (both paid and unpaid). Recognising and  
 truly acknowledging the work we do as part  
 of the lived expression of our spirituality  
 can life giving! Work is fundamental to our  
 identity as human persons. Our sense of  
 self is intrinsically bound up in the work we  
 do and if not "the work itself" then how we  
 do the work we do!  
 "Human work is a significant way of  
 collaborating in God's transformation of  
 the world, a sharing in the creative activity  
 of God." (John Paul II Laborem Exercens:  
 On Human Work, 1981, 25)  
 During this retreat you will be afforded  
 the opportunity to reflect on the work  
 you do and how it is an expression of your  
 own spirituality. A range of informative,  
 prayerful, reflective and creative processes  
 will help facilitate this process

October 27 - 29  
 Laurie Woods

**Pathways to Simplicity**

The antidote for depression. This weekend  
 is an invitation to reflect on ways to  
 live honestly, creatively and openly. By  
 embracing our gifts of imperfection  
 we learn to let go, nourish healthy  
 relationships and rejoice in the simplicity  
 of uncluttered lives. Following a Scripture  
 based spirituality we will explore the  
 creativity, poetry and deep respect for  
 self and the other that the human Jesus  
 brought to all his relationships.

November 10 - 12  
 Sr Mary Baker

**Playing Me Softly ....**

A Music and Imagery Prayer and Reflection  
 weekend. A time for allowing ourselves to  
 enter "the Flow, the Mystery" - through  
 a process of listening to music in a  
 relaxed state and processing the listening  
 experience through use of colour and small-  
 group sharing.

November 17 - 19  
 Julie Taylor

**Time to Nourish Your Heart**

As the season of Advent and our journey  
 towards the end of the year approaches,  
 this retreat will be an opportunity for you  
 to take some time to connect in with and to  
 nourish your heart - the core of your being!  
 A range of experiences will be provided to  
 enable personal & prayerful reflection on  
 your life and what energises and nourishes  
 you as well as what is in need of some  
 attention. Practices such as mindfulness,  
 prayer, meditation and a range of creative  
 opportunities will be offered.

December 8 - 10  
 Sr Patty Andrew osu

**Celebrating the Ongoing Birth of  
 God**

This weekend situated at the beginning of  
 Advent, invites us to ponder the gift of God  
 incarnate in our world. Reflective processes  
 will be framed within an evolutionary  
 spirituality which is grounded in God's  
 continuous unfolding in our lives and in all  
 creation. Immersing ourselves more deeply  
 in this incarnational reality awakens us to  
 our unique capacity to give birth to God in  
 and through the experiences of our lives.

